

Athletes

LaTavia Thomas



2009

Track & Field

INTRO

THIS IS LSU

PREVIEW

COACHES

ATHLETES

REVIEW

HISTORY

RECORDS



Jeff Adolph

Gr./Sr. - 5-9 - New Orleans, La.
 Brother Martin HS
 Major: General Studies
 Events: 800M (IN: 1:54.93; OUT: 1:53.64), 1,500M (4:02.10), Mile (4:27.20)

2008

Competed in eight meets for the Tigers during the 2008 season ... Recorded an indoor seasonal best of 1 minute, 56.41 seconds in winning the 800-meter title at the LSU NCAA Indoor Qualifier on March 7 ... Also ran the 800 meters at the Bayou Bengal Invitational (1:59.85) and LSU Twilight Invitational (1:57.13) during the indoor season ... Ran the 400 meters in LSU's season opener at the Purple Tiger Classic (53.70) ... Just missed setting a new personal best in the half mile with a time of 1:53.66 at the LSU Alumni Gold during the outdoor season ... Also lined up in the 800 meters at the Tiger Invitational (1:56.03), Cole/Lancon Twilight Classic (1:54.30) and Warhawk Classic (1:56.27) during the outdoor season in 2008.

2007

Concentrated primarily on the 800 meters during the 2007 campaign ... Placed 23rd in the event at the SEC Outdoor Track and Field Championships ... Crossed the finish line in second place at the LSU Tiger Classic with a time of 1:56.50 ... Clocked an outdoor seasonal best time of 1:54.34 at the LSU Alumni Gold ... Also competed at the Sun Angel Classic during the outdoor season ... Ran the half mile in five meets during the indoor season ... Recorded a new indoor personal best time of 1:54.93 at the Tyson Invitational in Fayetteville, Ark. ... Took second place in the 800 meters in the season opener at the Purple Tiger Classic (1:58.33) ... Finished fourth at the Bayou Bengal Invitational (1:57.72) and ninth at the Lobo Invitational (1:58.35) ... Made the trip to New York to compete in the prestigious New Balance Collegiate Invitational where he placed 30th ... Ran the 400 meters at the LSU Twilight Invitational, finishing 19th with a time of 52.75 ... Was named to the SEC Academic Honor Roll following the season.

2006

A middle distance runner for the Tigers ... Shattered his PR in the 800 meters during the outdoor season, clocking a 1:53.64 at the LSU Alumni Gold ... Was just off that pace at the SEC Championships, finishing in 1:53.70 ... Also clocked a 4:02.10 in the 1,500 meters at that meet ... During the indoor season, posted a personal best of 4:27.20 in the mile at the LSU Twilight ... Turned in a season best of 1:59.66 in the 800 meters.

2005

Ran in just three meets during the indoor season ... Turned in a top 800-meter time of 1:59.23 at the Bayou Bengal Invitational ... Clocked 4:33.21 in the mile at the LSU Twilight.

PRIOR TO LSU

Four-year letterwinner in cross country and track at Brother Martin High School ... Named the school's track MVP in both 2003 and 2004 ... Helped Brother Martin to the 2002 state cross country title ... Served as the cross country team captain in 2003 and the track team captain in 2004 ... Came to LSU with personal bests of 1:59 in the 800 meters and 4:27 in the 1,600 meters.

PERSONAL

Born April 28, 1986 ... Son of Mark and Nancy Adolph ... Has one younger brother, Kyle ... Majoring in general studies.



Ade Alleyne-Forte

Fr./Fr. - 5-10 - San Fernando, Trinidad
 St. Stephens HS
 Major: Undecided
 Event: 400M (46.27)

PRIOR TO LSU

Signed with LSU as one of the premier young 400-meter runners in the world for the Class of 2008 ... Represented his country at the 2007 IAAF World Championships in Osaka, Japan, as part of Trinidad's 4x400-meter relay pool ... Won two medals at the 2007 Pan American Junior Championships in Sao Paulo, Brazil, after anchoring Trinidad's 4x400-meter relay to a gold medal and winning the bronze medal in the 400 meters with a personal best time of 46.27 seconds ... His personal best was the 12th-fastest time in the world in 2007 by an athlete under the age of 20 ... Also competed in the 400 meters and ran on his country's silver-medal winning sprint medley relay at the 2005 World Youth Championships in Morocco.

PERSONAL

Full name is Ade Alleyne-Forte ... Born on Oct. 11, 1988 ... Currently undecided on a major.



Chris Bless

Jr./Jr. - 5-10 - Fair Oaks, Calif.
 Del Campo HS
 Major: Kinesiology
 Events: WT (51-11 3/4), SP (53-0), DT (147-3), HT (191-4)

2008

Saw a dramatic improvement in his performance under first-year throws coach Derek Yush ... Improved his personal best in the hammer throw by nearly 23 feet from his top mark entering the season ... Was an NCAA Regional qualifier in the event for the first time in his career ... Placed 15th in the hammer throw at the NCAA Midwest Regional Championships with a personal best mark of 191 feet, 4 inches ... His mark ranks No. 8 on the school's all-time performance list in the event ... Qualified for the regional meet with a throw of 186-6 at the Cole/Lancon Twilight Classic, finishing the event in second place ... Also finished runner-up in the hammer throw at the LSU Tiger Relays (181-0) and LSU Alumni Gold (182-8) during the outdoor season ... Was the 10th-place finisher in the event at the SEC Outdoor Championships ... Concentrated on the weight throw during the indoor season ... Set a personal best of 51-11 3/4 in a second-place finish at the LSU Twilight Invitational ... Competed in a total of 11 meets for the Tigers in 2008.

2007

Competed in seven home meets for the Tigers during his redshirt freshman season ... Won the weight throw title at the LSU NCAA Indoor Qualifier with a heave of 49-3 1/2 ... Placed second in the event in the Tigers' season opener at the Purple Tiger Classic ... Recorded a seasonal best throw of 50-5 1/4 to finish eighth at the Bayou Bengal Invitational ... Posted a mark of 48-6 at the LSU Twilight Invitational ... Also threw the shot put at the LSU NCAA Indoor Qualifier, finishing fourth with a mark of 42-9 3/4 ... Threw the hammer during the outdoor season ... Won the hammer throw title at the LSU Tiger Relays with a seasonal-best toss of 163-10 ... Matched his seasonal best at the LSU Alumni Gold where he placed seventh ... Took fifth place at the LSU Tiger Classic (158-9) ... Was named to the SEC Academic Honor Roll following the season.

2006

Did not compete for the Tigers as he received a redshirt in 2006.

PRIOR TO LSU

Three-year letterwinner in track and field for coach Michael Reid at Del Campo High School ... Posted personal bests of 53-0 in the shot put, 147-3 in the discus and 168-7 in the hammer ... Was given the team's Coaches Award in 2005, the Most Improved award in 2004 and was named the Team MVP in 2003 ... Helped his team to league titles during both his junior and senior seasons ... A member of the National Honor Roll, he was also named to Who's Who Among American High School Students.

PERSONAL

Full name is Christopher Robin Bless ... Born Nov. 7, 1986 ... Son of Bob and Teresa Brewer ... Has an older brother, Tristan ... Majoring in kinesiology.



Frank Bohn

Fr./Fr. - 5-11 - Galveston, Texas
 Ball HS
 Major: Construction Management
 Events: Distance

PRIOR TO LSU

Wrapped up his prep career with personal bests of 4:30 in the 1,600 meters, 9:48 in the 3,200 meters and 15:37 in the 5,000 meters ... Was a two-time first-team all-district selection in cross country in 2006 and 2007 ... Was also a first-team all-region performer and a state qualifier in 2007 ... A three-time MVP of his high school cross country team from 2005-07.

PERSONAL

Full name is Frank Hawkins Bohn ... Born on March 1, 1990 ... Parents are Paul and Linda Bohn ... Has three siblings: Kathy, David and Allison ... Was an honor roll student and member of the National Honor Society at Ball High School ... Majoring in construction management.



Davide Brown

So./So. - 5-11 - Metairie, La.
 Brother Martin HS
 Major: Civil Engineering
 Event: High Jump (6-6)

2008

Competed in three meets as a freshman in 2008 ... Did not record a height in the high jump in three appearances ... Saw action at the Purple Tiger Classic and Bayou Bengal Invitational during the indoor season, as well as the LSU Tiger Relays during the outdoor campaign.

PRIOR TO LSU

One of the state's top high jumpers during his career at Brother Martin High School ... Came to LSU with a personal-best clearance of 6-6 ... Capped his senior season by winning a district title and finishing as regional runner-up with a seasonal-best mark of 6-4 ... Was also the District 8-5A and Region 3A champion in the high jump as a junior while leading his team to district and regional titles the same year.

PERSONAL

Full name is Davide Allen Brown, Jr. ... Born on Aug. 29, 1989 ... Parents are David and Leslie Brown ... Has a younger brother named Dylan.



Lane Carrier

Fr./Fr. - 5-8 - Opelousas, La.
Opelousas Catholic HS
Major: Chemical Engineering
Events: Distance

PRIOR TO LSU

Finished his high school career with personal bests of 10:36 in the 3,200 meters and 16:34 in the 5,000 meters ... Helped lead his high school cross country team to back-to-back district championships in 2006 and 2007 ... Was an all-district, all-parish and all-state performer as a senior in 2008 ... Received five all-district selections from 2004-08, and four all-parish and all-state selections from 2005-08 ... Also played soccer in high school.

PERSONAL

Full name is Lane Daniel Carrier ... Born on Aug. 3, 1990 ... Parents are Ray and Tillie Carrier ... Majoring in chemical engineering.



Preston Chatham

So./Jr. - 6-1 - Covington, La.
St. Paul's HS
Major: Child and Family Studies
Event: Javelin (234-7)

All-American

2008

Followed an outstanding freshman season with an even better sophomore campaign in 2008 ... Earned his first career All-America honor with a fourth-place finish in the javelin at the NCAA Outdoor Track and Field Championships in Des Moines, Iowa ... Unleashed a personal-best throw of 234 feet, 7 inches on his final attempt of the competition to score five points for the Tigers ... His mark ranks fourth on the school's all-time outdoor performance list in the event ... LSU finished runner-up in the team standings at the national meet ... Marked the second-straight season that he earned the right to compete in the javelin at the NCAA Championships ... Punched his ticket to the national meet with a runner-up finish at the NCAA Midwest Regional Championships (224-6) ... Just missed earning his first career All-SEC honor with a third-place finish in his specialty at the SEC Outdoor Championships (220-1) ... Runner-up in the javelin at the prestigious II4th Penn Relays with a throw of 219-9 ... Won the javelin title at the Willie Williams Classic (220-11) before finishing runner-up at the Tiger Invitational (223-7) ... Also took part in the event at the Texas Relays (227-5) ... Did not compete during the indoor season.

2007

Proved to be one of the top young javelin throwers in the country ... Made his first career appearance in the event at the NCAA Outdoor Track and Field Championships ... Placed 10th at the national meet after recording a throw of 212-3 in the final ... Punched his ticket to Sacramento after finishing fifth at the NCAA Midwest Regional Championships ... Earned an automatic berth with a throw of 225-7 at the regional meet ... Helped lead the Tigers to a runner-up finish at the SEC Outdoor Championships as he took fifth place in the javelin with a throw of 216-3 ... Improved upon his personal best entering the season by nearly 17 feet ... Moved into the No. 4 spot on the school's all-time list after winning the javelin title at the Sun Angel Classic with a new personal-best mark of 233-1 ... Placed second in the event at the LSU Tiger Classic (215-3) ... Took third at both the Louisiana Classics (217-8) and LSU Tiger Relays (224-8) ... Recorded a total of six NCAA regional qualifying marks during the outdoor season ... Did not compete during the indoor season.

PRIOR TO LSU

Was a four-year letterman for head coach Charlie Legendre at St. Paul's High School in Covington, La. ... Considered the top javelin recruit in the country for the Class of 2006 ... Was an II-time High School All-American during his illustrious career at St. Paul's ... Was a two-time Nike Outdoor National All-American in 2004 and 2006 ... Named a three-time USATF All-American and Track and Field News All-American from 2004-06 ... Was named to the USA Today All-USA Team in 2005 ... Captured the 2006 Class 5A Outdoor State Championship in the javelin with a throw of 210-2 ... Also won the state title in the event in 2004 with a state composite record throw of 212-3 ... Ranked as the nation's No. 2 performer in the javelin in 2003 and No. 3 in 2004 ... Was named the

Outstanding Field Performer of the Year on the All-Metro Boy's Track and Field Team chosen by the Times-Picayune from 2004-06 ... Finished his high school career as a four-time District 4-5A MVP, a four-time All-Parish MVP and a three-time Regional MVP ... Was also an all-state performer in the shot put in 2004 ... Holds school records in the javelin (217-5), discus (163-5) and shot put (53-10 1/2).

PERSONAL

Full name is Preston Paul Chatham ... Born on Sept. 8, 1987 ... Son of Bridget and Terryl Chatham ... Has an older sister, Jennifer ... Majoring in child and family studies.



Richard Chautin

Fr./Fr. - 5-10 - Arnaudville, La.
Beau Chene HS
Major: Mechanical Engineering
Events: Distance

2008

Received a redshirt during the 2008 season ... Will compete as a redshirt freshman for the Tigers in 2009.

PRIOR TO LSU

A standout distance runner at Beau Chene High School in Arnaudville, La. ... Led his squad to a state championship as a sophomore in 2005 ... Joined the LSU program with personal bests of 4:23 in the 1,600 meters and 9:35 in the 3,200 meters.

PERSONAL

Full name is Richard Francis Chautin ... Born on March 31, 1989 ... Parents are Myran and Karen Chautin ... Has two older brothers, Andy and Justin ... Majoring in mechanical engineering.



Will Coppage

Jr./Jr. - 6-1 - Alexandria, La.
Alexandria Senior HS
Major: Sociology
Events: 100M (10.53w/10.54), LJ (IN: 25-6 1/4; OUT: 24-II 1/4)

All-American
All-SEC

2008

Was an NCAA Championships participant in the long jump during the indoor season for the second straight year ... Placed 16th in the event at the national meet, recording a mark of 23 feet, 10 inches ... Punched his ticket to the NCAA Championships with a strong provisional qualifying mark and seasonal best of 25-4 3/4 at the LSU Twilight Invitational ... Was the seventh-place finisher in the long jump at the SEC Indoor Championships (24-10 1/2) ... Also competed in the triple jump at the conference meet, finishing ninth with a mark of 46-9 ... Recorded an outdoor seasonal best of 23-11 in the long jump to place ninth at the SEC Championships ... Was an NCAA Regional qualifier in the 100-meter dash during the outdoor season with a personal best wind-aided time of 10.53 at the Tiger Invitational ... Recorded a wind-legal personal best of 10.54 at the SEC Outdoor Championships ... Finished in 11th place in the 100 meters at the conference meet.

2007

Proved to be one of the Tigers' top newcomers during the 2007 campaign ... Earned his first career All-America honor at the NCAA Indoor Track and Field Championships ... Finished fifth in the long jump at the national meet after shattering his previous personal best with a jump of 25-6 1/4 ... Was the only Tiger to post a mark of more than 25 feet in the long jump in 2007 ... Earned a spot in the event at the NCAA Indoor Championships by recording a provisional qualifying mark of 25-2 3/4 at the Tyson Invitational ... Won long jump titles at the Bayou Bengal Invitational (24-9) and LSU NCAA Indoor Qualifier (25-2 1/2) ... Secured a fifth-place finish at the SEC Indoor Championships ... Competed in the triple jump at three meets during the indoor season ... Placed 14th in the triple jump at the indoor conference meet with a jump of 46-3 1/2 ... His indoor seasonal-best leap of 46-11 3/4 earned him a sixth-place finish at the Lobo Invitational ... Just missed earning All-SEC honors in the long jump during the outdoor season with a third-place finish at the SEC Outdoor Championships ... Set an outdoor PR at the SEC meet with a mark of 24-II 1/4 ... Nearly won the long jump title at the prestigious Penn Relays, finishing second with a regional qualifying jump of 24-3 3/4 ... Registered five NCAA regional qualifying marks during the outdoor season ... Displayed his versatility as a member of the Tigers' 4x100-meter relay team ... Received his first career all-conference honor by running the second leg on the foursome that finished second in the sprint relay at the SEC meet ... Squad carried the stick around the track in 39.37 ... Also ran the second leg on the sprint relay team that won its third straight Championship of America title at the Penn Relays on April 28 ... Nipped the top-ranked foursome from Florida State at the tape with a time of 39.73 ... LSU's 4x100 team also won its fourth consecutive title at the prestigious Texas Relays with a time of 40.57 in the final ... Team is undefeated at the country's most prestigious relay meets over the last four years.

PRIOR TO LSU

Arguably the nation's top recruit in the long jump as a senior at Alexandria Senior High School ... Joined the LSU program with personal bests of 24-11 in the long jump, 47-4 in the triple jump and 6-8 in the high jump ... Posted the nation's top four marks in the long jump during the indoor season in 2006 with efforts of 24-II, 24-7 3/4, 24-3 and 24-1 1/4 ... Won the boy's long jump title

INTRO

THIS IS LSU

PREVIEW

COACHES

ATHLETES

REVIEW

HISTORY

RECORDS

at the 2006 National Scholastic Indoor Championships with a then personal-best leap of 24-11 ... Enjoyed a stellar senior season in which he won individual state titles in the long jump during both the indoor and outdoor seasons, while also leading his team to a pair of state championships at the Division I Indoor Championships and Class 4A Outdoor Track and Field Championships ... Also won a pair individual state titles in the long jump as a junior in 2005, while also winning a state title in the high jump during the indoor campaign.

PERSONAL

Full name is William L'mont Coppage ... Born on June 2, 1987 ... Son of Greg and Gloria Coppage ... Has two older brothers, Greg and Fred ... Was also a standout in football and basketball at the high school level ... Earned two letters in football while playing wide receiver, while also earning three letters in basketball as a shooting guard ... Majoring in sociology.



Mark DeBlanc

So./So. - 6-0 - Lafayette, La.
St. Thomas More HS
Major: Finance
Event: Javelin (216-1)

2008

Improved his personal best in the javelin by more than 26 feet during the 2008 season ... Was an NCAA Midwest Regional participant for the first time in his career ... Just missed earning an automatic qualifying spot into the NCAA Championships with a seasonal best and personal-best throw of 216 feet, 1 inch to finish in sixth place ... Qualified for the regional meet with a throw of 212-5 at the Tiger Invitational on ... Participated in the javelin at the SEC Outdoor Championships in Auburn, Ala., where he fouled on his three attempts ... Also threw the javelin at the Willie Williams Classic (198-3), LSU Tiger Relays (200-10), Texas Relays (192-2) and Penn Relays (202-4) ... Did not compete during the indoor season.

2007

Received a redshirt prior to the 2007 season.

PRIOR TO LSU

Earned three letters in track and field at St. Thomas More High School under the direction of head coach Sam Heinen ... Won a state title in the javelin during the 2005 outdoor campaign with a heave of 180-10 ... Also competed in football and baseball during his high school career ... Graduated with a stellar 3.86 grade-point average.

PERSONAL

Full name is Mark Robert DeBlanc ... Born on Aug. 7, 1987 ... Son of Cyrus and Diane DeBlanc ... Has four older siblings: Dawn, Beth, Chris and Eric ... Majoring in finance.



Luke Dessauer

Fr./Fr. - 5-10 - Folsom, La.
St. Paul's HS
Major: Business
Events: Distance

PRIOR TO LSU

A former two-time district champion in the 3,200 meters at St. Paul's High School ... Competed in the event at the state indoor meet as a senior in 2008 ... Helped lead his team to district and metro cross country championships during his high school career.

PERSONAL

Full name Luke Jacob Dessauer ... Born on April 3, 1989 ... Parents are David and Lana Dessauer ... Father is a graduate of LSU ... Has three siblings: Carly, David and Seth ... Majoring in business.



Josh Dominguez

Jr./Jr. - 5-8 - Ponchatoula, La.
Ponchatoula HS
Major: Kinesiology
Event: PV (IN: 16-8 3/4; OUT: 17-5)

2008

Represented LSU at the NCAA Outdoor Track and Field Championships for the first time in his career ... Finished tied for 16th in the pole vault at the national meet in Des Moines, Iowa, clearing the bar at 16 feet, 8 3/4 inches ... Earned an automatic qualifying spot into the NCAA Championships with a third-place finish at the NCAA Midwest Regional Championships in Fayetteville, Ark. ... Cleared a personal-best height of 17-5 at the regional meet to move into a tie

for the No. 7 spot on the school's all-time outdoor performance list in the event ... Scored three points for LSU with a sixth-place finish at the SEC Outdoor Championships in Auburn, Ala. (16-2 3/4) ... Qualified for the NCAA Midwest Regional with a clearance of 16-10 3/4 at the Tiger Invitational during the regular season ... Won three pole vault titles during the indoor season ... Was the first-place finisher at the Bayou Bengal Invitational (16-8 3/4), LSU Twilight Invitational (16-4 3/4) and LSU NCAA Indoor Qualifier (16-6 3/4) ... His mark at the Bayou Bengal Invitational is an indoor personal best in the event ... Tied for ninth place at the SEC Indoor Championships with a mark of 15-11 ... Saw action in a total of 17 meets for the Tigers during the 2008 season.

2007

Enjoyed an outstanding freshman season for the Tigers as he was the team's top pole vaulter in 2007 ... Made his first career appearance in the event at the NCAA Midwest Regional Championships in May ... Became the first LSU athlete since Daniel Trosclair in 2004 to clear 17 feet in the pole vault, posting a new personal best and NCAA regional qualifying mark of 17-0 3/4 at the LSU Tiger Relays in his outdoor collegiate debut ... Helped the Tigers to a runner-up finish at the SEC Outdoor Track and Field Championships by earning a fourth-place finish in his specialty with a clearance of 16-6 3/4 ... Earned runner-up finishes at the LSU Tiger Relays (17-0 3/4), Sun Angel Classic (16-6 3/4) and LSU Alumni Gold (16-10 3/4) during the outdoor season ... Placed third at the prestigious 113th Penn Relays ... Posted a total of four NCAA regional qualifying marks during the outdoor campaign ... During the indoor season, recorded a new indoor personal best of 16-6 3/4 to take second place at the LSU NCAA Indoor Qualifier ... Tied for fifth at the SEC Indoor Championships in February with a mark of 16-2 3/4 ... Finished third at the Purple Tiger Classic (16-0 3/4) and Bayou Bengal Invitational (15-11) ... Also competed in the event at the Lobo Invitational, New Balance Collegiate Invitational and Tyson Invitational during the indoor season.

PRIOR TO LSU

Was a four-year letterman for head coach Tim Mattei at Ponchatoula High School ... One of the most prolific pole vaulters in the state's history ... Finished with a PR of 16-6 in the event ... Captured the 2006 Class 5A Outdoor State Championship with a vault of 16-0 to set the new state record in the event ... Won the Class 5A Indoor State Championships in 2005 and 2006 ... Was the pole vault champion in the high school boys division at the 2006 Penn Relays with an effort of 15-9 ... Took third place in the outdoor state championships in 2004 ... Placed second at the 2006 Challenge of Champions in Mobile, Ala., with a vault of 16-0 ... Finished third at the Purple Tiger championships (2004-06) and four district championships (2003-06) while competing for Ponchatoula High School ... Was named Ponchatoula's Track Team MVP in 2006.

PERSONAL

Full name is Joshua Beau Dominguez ... Born on Nov. 22, 1987 ... Son of Rose and Charles Dominguez ... Has one sibling, Alexis ... Also played basketball at Ponchatoula High School for head coach Frank Schneider ... Served as Senior Class President in 2006 ... Recipient of both the Army ROTC Athletic/Scholar Award and the Brittany Landaiche Memorial Scholarship ... Was a member of the National Honor Roll and named to the Who's Who Among America's High School Students ... Majoring in kinesiology.



Cullen Doody

Fr./Fr. - 5-7 - Arabi, La.
Jesuit HS
Major: Biology
Events: Distance

PRIOR TO LSU

Finished his high school career with personal bests of 4:31 in the 1,600 meters, 9:58 in the 3,200 meters and 16:13 in the 5,000 meters ... Was the runner-up in the 1,600 meters in District 8-5A ... Helped lead his high school cross country team to three Class 5A state titles ... Also played baseball and basketball during his career at Jesuit High School.

PERSONAL

Full name is Cullen Reynolds Doody ... Born on Oct. 21, 1989 ... Parents are Tim and Ellen Doody ... Has a young sister, Erin ... Mother and father graduated from LSU ... Majoring in biology.



Ken Ehrhardt

Fr./Fr. - 5-9 - New Orleans, La.
Jesuit HS
Major: Biochemistry
Events: Distance

2008

Received a redshirt during the 2008 season ... Will compete as a redshirt freshman for the Tigers in 2009.

PRIOR TO LSU

One of the state's top distance runners during his career at Jesuit High School ... Was the Class 5A state runner-up in cross country in 2006 en route to being named the Times Picayune Metro Runner of the Year ... Was a two-time all-state and all-metro selection in 2005 and 2006 ... Helped lead the cross country team at Jesuit High School to three-straight state championships

from 2004-06 ... During his senior season, clocked a personal-best time of 9:41 in the 3,200 meters and a personal-best time of 15:45 in the three mile.

PERSONAL

Full name is Ken Philip Ehrhardt, Jr. ... Born on June 14, 1989 ... Parents are Ken and Liz Ehrhardt ... Father graduated from LSU ... Has a younger brother named Ryan ... Was a National Merit Finalist and a Ochsner Future Physician Award recipient in 2007 ... Was also a member of the National Honor Society while at Jesuit High School ... Earned the rank of Eagle Scout as an active participant with the Boy Scouts of America ... Majoring in biochemistry.



Andy Florek

So./So. - 5-7 - Kenner, La.
Brother Martin HS
Major: Petroleum Engineering
Events: 1,500M (3:59.54), 3,000M (8:46.03), 5,000M (IN: 15:02.58; OUT: 14:54.67)

2008

Participated in the 5,000 meters at the SEC Championships during both the indoor and outdoor seasons ... Finished 15th in the event at the SEC Indoor Championships, crossing the finish line with a time of 15 minutes, 31.23 seconds ... Did not finish the race at the SEC Outdoor Championships ... Clocked an overall personal best of 14:54.67 in the 5k at the LSU Alumni Gold during the outdoor season ... Also ran the mile and 3,000 meters during the indoor season ... Recorded seasonal bests of 4:23.40 in the mile at the Bayou Bengal Invitational and 8:46.03 in the 3,000 meters Purple Tiger Classic ... Ran two races at 1,500 meters outdoors, finishing the season with a personal best of 3:59.54 at the Warhawk Classic ... Competed in a total of 11 meets during the 2008 season.

2007

Received a redshirt prior to the 2007 season.

PRIOR TO LSU

One of the most prolific distance runners in the state during his career at Brother Martin High School ... Won an indoor state title in the 3,200 meters in 2004, while finishing runner-up in the event in 2005 and 2006 ... Led his team to a pair of district and regional championships in 2004 and 2006 ... Also ran cross country for his high school team, finishing fifth in the state during his senior season ... Guided the squad to a cross country state championship in 2002, while also earning three-straight runner-up finishes as a team from 2003-05 ... Was voted his school's most athletic male athlete during his senior year.

PERSONAL

Full name is Michael Andrew Florek ... Born on Aug. 19, 1987 ... Parents are Michael and Maria Florek ... Has one younger sister, Katie ... Was a member of the Beta Honor Roll in high school ... Majoring in petroleum engineering.



Rabun Fox

Sr./Sr. - 5-9 - Houma, La.
Catholic HS
Major: Kinesiology
Events: WT (62-II 1/2), HT (215-II)
All-SEC

2008

Enjoyed the best season of his collegiate career under the direction of first-year coach Derek Yush ... Qualified for the hammer throw at the NCAA Outdoor Track and Field Championships for the first time in his career ... Placed 18th in the event at the NCAA Championships with a throw of 203 feet, 2 inches ... Received an at-large berth into the national meet after finishing eighth in the hammer throw at the NCAA Mid-east Regional Championships with a throw of 209-0 ... Helped lead the Tigers to a runner-up finish in the team standings at the SEC Outdoor Championships by finishing third in his specialty with a throw of 213-1 ... Became the first Tiger in history to win the hammer throw title at the prestigious Penn Relays ... Took top honors with a mark of 208-8 ... Improved his personal best in the event by exactly 17 feet with a top mark of 215-II at the Tiger Invitational to move into the No. 3 spot on the school's all-time outdoor performance list ... Also won hammer throw titles at the LSU Tiger Relays (210-II) and LSU Alumni Gold (200-I) ... Competed in the weight throw during the indoor season ... Recorded a new personal best of 62-II 1/2 at the LSU NCAA Indoor Qualifier, improving upon his personal best entering the season by nearly four feet ... His seasonal-best mark ranks No. 4 all-time for the LSU track and field program ... Scored two points with a seventh-place finish in the event at the SEC Indoor Championships (61-4 3/4) ... Is the reigning weight throw champion at the Purple Tiger Classic (62-1 1/4), Bayou Bengal Invitational (57-5 1/2) and LSU Twilight Invitational (61-II 3/4) ... Competed in 17 meets during the 2008 season.

2007

Forced to sit out the entire 2007 season with a torn meniscus in his knee ... Was named to the SEC Academic Honor Roll following the season.

2006

Earned his first career All-SEC honor by finishing in second place in the hammer throw at the SEC Outdoor Championships with throw of 198-II ... Qualified for the NCAA Mid-east Regional with his effort at the SEC Championships ... Posted first-place finishes in the event at both the LSU Alumni Gold and LSU Tiger Relays with throws of 188-II and 177-6, respectively ... Competed in the weight throw during the indoor season ... Indoor season was highlighted with a top mark of 59-5 at the New Balance Invitational to finish the meet in fourth place ... Earned a second-place finish at the LSU Twilight with a distance of 54-10.

2005

Busted into the LSU record books as a freshman, recording the seventh-best hammer throw distance in school history (188-2) ... Mark was good enough for a first-place finish at the LSU Alumni Gold and a trip to the NCAA Regional Championships ... Placed 20th at the regional meet with a toss of 178-2 ... Threw 180-1 at the Sun Angel Classic ... Participated in the weight throw during the indoor season ... Recorded a personal-best effort of 54-3 1/2 at the Bayou Bengal Invitational ... Threw for a distance of 51-7 3/4 at the LSU Twilight.

PRIOR TO LSU

Lettered all four years in track and football at Vandebilt Catholic High School in Houma, La. ... A 2003 All-America selection ... Earned track all-district, all-parish, all-region and all-state honors during each of his last three seasons ... Was an all-district and all-parish selection as a freshman ... Came to LSU with a personal best of 180-II in the discus ... Was an all-state selection in football as a senior ... Earned all-district and all-region honors during both his junior and senior seasons.

PERSONAL

Full name is Rabun Samuel Fox ... Born Nov. 19, 1985 ... Parents are Richard and Cyndie Fox ... Has an older brother, Roger ... Majoring in kinesiology.



Scott Gibson

So./So. - 5-8 - New Orleans, La.
Dulles HS
Major: Undecided
Events: 100M (10.81), 200M (21.85), 400M (49.09)

2008

Saw action in three meets during the 2008 season ... Ran the 400 meters at the Bayou Bengal Invitational during the indoor season, crossing the finish line in 17th place with a time of 52.66 ... Finished 15th in the 100-meter dash at the Tiger Invitational during the outdoor season with a time of 11.44 ... Lined up in two 200-meter races outdoors ... Clocked a 23.23 at the LSU Alumni Gold and a 23.25 at the Tiger Invitational.

PRIOR TO LSU

Was a key contributor to a pair of district champion 4x100 and 4x200-meter relay teams in 2006 ... Also helped lead his team to a district championship in 2006 ... Wrapped up his high school career in 2007 by taking second place in the 4x200 and 4x400 relays at the district meet ... Came to LSU with personal bests of 10.81 in the 100 meters, 21.85 in the 200 meters and 49.09 in the 400 meters.

PERSONAL

Full name is Scott Chioke Gibson ... Born on Aug. 16, 1989 ... Parents are Johnny and Genelle Gibson ... Currently undecided on a major.



Brandon Gordon

Fr./Fr. - 5-10 - Plaquemine, La.
Plaquemine HS
Major: Finance
Events: LJ (23-0), TJ (46-8)

PRIOR TO LSU

One of the top jumps prospects in the state of Louisiana for the Class of 2008 ... Won indoor and outdoor state titles in the triple jump during his senior season in 2008 ... Finished his high school career with personal bests of 23-0 in the long jump and 46-8 in the triple jump.

PERSONAL

Full name is Brandon Isiah Gordon ... Born on May 16, 1990 ... Parents are Kenneth Gordon and Octavia Holland ... Has three siblings: Breia, Devin and Myles ... Was on the Principal's List all four years of high school ... Majoring in finance.

INTRO

THIS IS LSU

PREVIEW

COACHES

ATHLETES

REVIEW

HISTORY

RECORDS



Jeremy Handy

Fr./Fr. - 5-7 - Houston, Texas
American School of Dubai
Major: Chemical Engineering
Events: 400M (49.98), 800M (1:59)

2008

Received a redshirt during the 2008 season ... Will compete as a redshirt freshman for the Tigers in 2009.

PRIOR TO LSU

Served as the team captain and was named MVP of the track and field team during his senior season at the American School of Dubai ... Came to LSU with personal bests of 49.98 in the 400 meters and 1:59.00 in the 800 meters.

PERSONAL

Full name is Jeremy Keith Handy ... Born on Jan. 15, 1989 ... Parents are Jarrot and Sheryl Handy ... Has a younger sister named Amanda ... Was a member of the National Honor Society at the American School of Dubai ... Majoring in chemical engineering.



Reggie Haslom

Jr./Jr. - 5-8 - Baton Rouge, La.
Southern Lab HS
Major: General Studies
Events: LJ (IN: 22-3 3/4; OUT: 22-5 1/4), TJ (IN: 49-11; OUT: 50-11 1/2w/50-3 1/2)

2008

Saw action in eight meets during the indoor season in 2008 ... Recorded a seasonal-best mark of 49 feet, 7 1/4 inches in his season opener at the Purple Tiger Classic to finish the meet in fourth place ... Helped the Tigers to a runner-up finish in the team standings at the SEC Indoor Track and Field Championships ... Was the seventh-place finisher in the triple jump at the conference meet with a mark of 49-7 1/2 ... Earned a pair of runner-up finishes in the triple jump at the LSU Twilight Invitational (47-11 3/4) and the LSU NCAA Indoor Qualifier (49-3) ... Also competed in the event at the Razorback Invitational (46-4 3/4), Bayou Bengal Invitational (48-8), New Balance Collegiate Invitational (47-7) and Tyson Invitational (47-4 1/4) ... Competed in just one meet during the outdoor season ... Scored two points in the triple jump with a mark of 49-7 3/4 for a seventh-place finish at the SEC Outdoor Championships.

2007

Was an NCAA Midwest Regional participant in the triple jump as a freshman ... Placed 18th in the event at the regional meet with a mark of 48-4 ... Posted a mark of 48-10 1/4 to finish eighth at the SEC Outdoor Track and Field Championships ... Also competed in the long jump at the SEC meet, finishing 15th with a jump of 21-0 3/4 ... Earned a runner-up finish in the triple jump at the LSU Tiger Relays with a personal-best wind-aided leap of 50-11 1/2 ... Recorded a new wind-legal PR of 50-3 1/2 at the LSU Alumni Gold ... Recorded an outdoor personal best in the long jump at the LSU Tiger Relays (22-5 1/4) ... Also competed in the long jump at the LSU Tiger Classic (22-10) and Sun Angel Classic (21-9) ... During the indoor season, finished 11th in the triple jump at the SEC Indoor Championships with a jump of 47-1 3/4 ... Posted a new indoor PR of 49-11 at the Tyson Invitational ... Was runner-up in the event at the LSU NCAA Indoor Qualifier (48-2) ... Also competed in the triple jump at the Bayou Bengal Invitational (48-0 1/2) and New Balance Collegiate Invitational (46-6 1/4) during the indoor season ... Participated in the long jump at three indoor meets ... Recorded a new indoor PR of 22-3 3/4 at the LSU NCAA Indoor Qualifier ... Jumped 22-1 3/4 at the LSU Twilight Invitational and 22-0 3/4 at the Tyson Invitational.

PRIOR TO LSU

Enjoyed a stellar career at Southern Lab High School in Baton Rouge where he competed for head coach Henry Combs ... Came to LSU with personal bests of 23 feet, 10 inches in the long jump and 49-3 in the triple jump ... Was the nation's third-ranked triple jumper during the outdoor season, while also being ranked No. 8 in the country in the long jump ... Finished his career as a two-time All-American, while also combining to win four state titles in his two specialty events ... Led his team to five state championships during his career, including one indoor and four outdoor titles ... Was also a four-time letterwinner in football as both a wide receiver and defensive back.

PERSONAL

Full name is Reginald James Haslom, Jr. ... Born on Feb. 20, 1988 ... Son of Reginald, Sr. and Sylvia Haslom ... Is related to Arizona Cardinals starting cornerback Antrell Rolle ... Majoring in general studies.



Armanti Hayes

Jr./Jr. - 5-10 - Moultrie, Ga.
Colquitt County HS
Major: General Studies
Events: 200M (IN: 21.10; OUT: 21.16), 400M (IN: 46.97; OUT: 46.10)

NCAA Champion

4-time All-American
2-time SEC Champion
4-time All-SEC

2008

Continued his development as one of the top quartermilers in the Southeastern Conference in 2008 ... Set personal bests in the 400 meters during both the indoor and outdoor seasons ... Set a new indoor personal best of 46.97 to finish fourth at the SEC Indoor Championships ... Also placed fourth in the open quarter at the SEC Outdoor Championships with an overall personal best time of 46.10 ... Scored a total of 14 points individually to help lead the Tigers to runner-up finishes in the team standings at the SEC meet during both the indoor and outdoor seasons ... Competed in the 400 meters at the NCAA Midwest Regional, finishing in sixth place with a time of 46.63 in the final ... Also ran the 200 meters during the 2008 season ... Was the fifth-place finisher in the event at the SEC Indoor Championships with a new overall personal best of 21.10 to qualify provisionally for the NCAA Indoor Championships in the event ... Finished with an outdoor seasonal best of 21.28 ... In addition, was a key contributor to LSU's relay teams throughout the 2008 season ... Ran the lead leg on the Tigers' NCAA champion 4x100-meter relay team that clocked the third-fastest time in school history and sixth-fastest time in the history of collegiate track and field at 38.42 in the national final ... Also led off the 4x100-meter relay team that won a SEC title during the outdoor season while clocking a meet record 38.67 at the conference championships ... Earned All-America honors during the indoor season while running the 400-meter leg of LSU's distance medley relay team that finished sixth at the NCAA Indoor Championships ... Was the first time in the history of the LSU track and field program that its DMR received All-America honors for its performance ... Also ran the 400-meter leg on the distance medley relay that set a new school record at the Tyson Invitational with a time of 9 minutes, 35.31 seconds ... Was also a staple in the foursome that ran the 4x400-meter relay for the Tigers during both the indoor and outdoor seasons in 2008 ... Ran the second leg on the foursome that received all-conference honors with a second-place finish at the SEC Indoor Championships (3:07.79).

2007

Earned a pair of All-America honors during his freshman season as a member of the Tigers' 4x400-meter relay team ... Ran the third leg on the foursome that crossed the finish line in 3:02.97 to place third at the NCAA Outdoor Track and Field Championships in June ... Helped the squad to a fourth-place finish at the NCAA Indoor Championships in March with a time of 3:07.11 ... Also ran the third leg on the long relay that captured the SEC Outdoor title in 3:03.62 ... As a freshman, anchored LSU's 1,600-meter relay to its seventh title all-time at the 80th Texas Relays and its third Championship of America title all-time at the 113th Penn Relays ... Earned his first career all-conference honor during the indoor season as the 4x400 relay was the SEC runner-up at the SEC Indoor Championships ... Individually, ran the 200 meters and 400 meters during the 2007 season ... Set new indoor and outdoor personal bests in both events as a freshman ... Was an NCAA Midwest Regional participant in the 400 meters, finishing the meet in 24th place ... Finished ninth in the event at both the SEC Indoor and Outdoor Championships ... Clocking an indoor PR of 47.04 in the finals at the indoor conference meet ... Finished the SEC Outdoor meet with a personal best of 46.67 ... Posted an eighth-place finish in the 200-meter dash at the SEC Indoor Championships after clocking an indoor PR of 21.22 in the prelims ... Took 15th in the event at the outdoor conference meet ... Also lined up in the 200 at the LSU Tiger Classic, placing seventh with a PR of 21.16.

PRIOR TO LSU

Competed in the 200 meters and 400 meters for head coach Dextra Polite at Colquitt County High School in Moultrie, Ga. ... Came to LSU with PRs of 21.49 in the 200 meters and 47.23 in the 400 meters ... Captured the USATF National Junior Olympic Championship in the 400 meters in 2006 with a time of 47.23 ... Ran on the 4x400-meter relay team that captured the national championship at the 2005 USATF National Junior Olympic Championships ... Earned All-America honors at the 2006 National Scholastic Indoor Championships by finishing fifth in the 200 meters with a time of 22.26 ... Was an AAU Junior Olympics and USATF Junior Olympics bronze medalist in the 400 meters in 2005.

PERSONAL

Full name is Armanti Jamal Hayes ... Born on Sept. 23, 1987 ... Son of Gloria Hayes-Thomas and Curtis Green ... Has a sister, Danielle, and a brother, Tony ... Recipient of the Jesse Owens Lifetime Achievement Award for speaking and being an inspiration to students at his former elementary school ... Also ran cross country and played basketball in high school ... Majoring in general studies.



Kyle Hecker

So./So. - 5-6 - Harahan, La.
Brother Martin HS
Major: Kinesiology
Events: Distance

2008

Competed in two meets during the outdoor season in 2008 ... Placed 14th in the 1,500 meters at the Warhawk Classic with a time of 4 minutes, 21.29 seconds ... Did not finish the 5,000 meters at the Tiger Invitational ... Did not compete for the Tigers during the indoor season.

2007

Did not compete for the Tigers during the 2007 indoor and outdoor seasons while receiving a redshirt.

PRIOR TO LSU

Was a three-year letterwinner in both cross country and track and field at Brother Martin High School ... Coached in cross country by Dennis Panipento and in track and field by Brad Pupilachine ... Led his team to three state runner-up finishes in cross country during his high school career ... Served as team captain of his cross country team in 2005 and 2006 ... Boasts a personal best time of 16:18 in cross country ... Also recorded a personal-best time of 10:10 in the 3,200 meters during his senior season.

PERSONAL

Full name is Kyle Grayson Hecker ... Born on Oct. 6, 1987 ... Son of Robert and Karen Hecker ... Has a sister named Kayla ... Majoring in kinesiology.

**Walter Henning**

So./So. - 6-0 - Kings Park, N.Y.
St. Anthony's HS/North Carolina
Major: English
Events: WT (72-3), HT (225-5)

2008 IAAF World Junior Champion
All-American

2008 (at North Carolina)

Made an immediate impact during his freshman season at the University of North Carolina where he established himself as the premier young thrower in collegiate track and field ... Earned All-America honors during the 2008 indoor season after finishing third in the weight throw at the NCAA Indoor Championships with a school-record mark of 72 feet, 3 inches ... His mark of 72-3 in the weight throw is also a world junior record in the event ... Was a two-time ACC champion during his freshman season as he captured conference titles in the weight throw (71-0 3/4) and the hammer throw (225-5) at the ACC Championships ... His personal-best mark of 225-5 in the 16-lb. hammer ranks No. 2 all-time at North Carolina and is the national junior record in the event ... It was also the fourth-ranked throw in the country at the time of his transfer in April 2008 ... Also scored in the shot put at the ACC Indoor Championships with a seventh-place finish in the event.

PRIOR TO LSU

Erased any doubts that he is the premier young hammer thrower in the world with his gold-medal winning performance in the 6-kg. hammer throw at the 2008 IAAF World Junior Championships in Bydgoszcz, Poland ... Became the first American to win the World Junior title in the event by breaking his own American junior record on his sixth and final attempt with a throw of 252 feet, 4 inches ... Is the first American to bring home a gold medal in the hammer throw in any major international competition since Harold Connolly at the 1956 Olympic Games ... Earned the right to represent the United States at the meet by winning a gold medal at the 2008 USA Junior Outdoor Championships with a meet-record throw of 242-4 ... Was a two-time Track and Field News Athlete of the Year and a two-time New York Gatorade Athlete of the Year while competing for St. Anthony's High School in South Huntington, N.Y. ... Considered the nation's top throws recruit for the Class of 2007 ... Was a seven-time high school national champion as he wrapped up his high school career as a four-time national champion in the weight throw, a two-time national champion in the hammer throw and a national champion in the shot put ... Is the national record holder in both the 25-lb. weight throw and 12-lb. hammer throw ... Competed internationally in the hammer throw while representing the United States at the 2005 IAAF World Youth Championships and the 2006 IAAF World Junior Championships ... Won a gold medal in the event at the 2007 Pan American Junior Championships in Sao Paulo, Brazil ... Was a member of the Pro-Team and Kolbe Society during his career at St. Anthony's.

PERSONAL

Full name is Walter John Henning ... Born on Jan. 24, 1989 in Smithtown, N.Y. ... Parents are Walter and Mary Beth Henning ... Will pursue a degree in English at LSU ... Plans to become a high school teacher following his athletic career.

**Jeremy Hicks**

Sr./Sr. - 5-9 - Houston, Texas
Elsik HS
Major: General Studies
Events: LJ (IN: 25-0; OUT: 25-10 3/4), TJ (IN: 49-5 1/2; OUT: 47-1)

2-time All-American
NCAA Midwest Regional Champion
2-time All-SEC

2008

Nearly set a new personal best with a seasonal-best mark of 25 feet, 8 inches to earn all-conference honors in the long jump at the SEC Outdoor Track and Field Championships ... Moved from fourth placed into second place on his final attempt at the conference meet with the second-longest jump of his collegiate career ... His eight points were a catalyst for the Tigers in their runner-up finish in the team standings ... His mark at the SEC meet qualified him for the NCAA Midwest Regional Championships for the third time in his career ... Placed 21st in the long jump at the regional meet, recording a jump of 23-11 1/2 ... Saw limited action during the outdoor season while battling a series of injuries, including strained groin and abdominal muscles suffered during the indoor season ... Also competed in the long jump at the LSU Tiger Relays (23-10 1/4), Texas Relays (23-10) and LSU Alumni Gold (24-6 1/4) during the outdoor season ... Recorded an indoor

seasonal best and an NCAA provisional qualifying mark in the event of 24-11 3/4 at both the Razorback Invitational and LSU Twilight Invitational ... Was the ninth-place finisher in the event at the SEC Indoor Championships with a jump of 24-6 1/2 ... Competed in a total of 12 meets for the Tigers during the 2008 season.

2007

One of LSU's premier jumpers throughout the 2007 campaign ... Helped the Tigers to a runner-up finish at the NCAA Outdoor Track and Field Championships with his first career All-America honor in the long jump ... Finished the event in seventh place with a jump of 24-3 ... Automatically qualified for the NCAA Championships with a fourth-place finish at the NCAA Midwest Regional Championships ... Posted a qualifying mark of 24-9 3/4 on his final jump at the regional meet ... Received a second All-America honor at the NCAA Outdoor Championships by running the leadoff leg on the Tigers' 4x100-meter relay team ... Foursome was the NCAA runner-up with a seasonal best and the ninth-fastest time in school history at 38.85 ... Also ran the lead leg on the sprint relay that defended its title at the NCAA Midwest Regional Championships with a time of 39.53 in the final ... Earned a fifth-place finish in the long jump at the SEC Outdoor Championships (24-8 1/2) ... Took home the event title at the LSU Tiger Classic with a wind-aided leap of 24-8 1/2 ... Earned fourth-place finishes in the long jump at both the Texas Relays and Penn Relays ... Just missed earning All-SEC honors in the long jump during the indoor season with a third-place finish in the event at the SEC Indoor Championships (24-5 3/4) ... Posted an indoor seasonal best mark of 24-10 1/2 at the Tyson Invitational ... Earned runner-up finishes in the event at the Purple Tiger Classic, the Lobo Invitational and the Bayou Bengal Invitational ... Competed in the triple jump at five meets during the 2007 season ... Recorded an indoor seasonal best of 49-5 1/2 and an outdoor personal best of 47-1 ... Finished 12th in the triple jump at the SEC Indoor Championships and 11th in the event at the SEC Outdoor Championships.

2006

Enjoyed a successful freshman season that saw him claim All-SEC honors during the outdoor season with a second-place finish in the long jump at the SEC Championships with a personal-best leap of 25-10 3/4 ... Was a participant in the NCAA Outdoor Championships in the event after earning a fourth-place finish at the NCAA Midwest Regional with a mark of 25-0 ... Took first place at both the Tiger Classic and LSU Tiger Relays with leaps of 24-11 and 24-5, respectively ... Competed in both the long jump and triple jump during the indoor season ... Highlight of the indoor season was setting a personal best of 49-0 1/4 in the triple jump to finish in fourth place at the New Balance Invitational ... Earned second-place finishes in the long jump at both the Purple Tiger Invitational and LSU Invitational with leaps of 23-10 3/4 and 24-7, respectively.

PRIOR TO LSU

Two-year letterwinner in track for coach Sean Washington at Elsik High School ... The 2005 Texas state champion in the long jump ... Earned runner-up honors in 2004 ... Was an all-state selection in the triple jump in both 2004 and 2005 ... Also played football at Elsik ... Was a second-team all-district selection at running back.

PERSONAL

Full name is Jeremy Allyn Hicks ... Born Sept. 19, 1986 ... Parents are Henry and Evelyn Hicks ... Has two older sisters, Michelle and Stefanie ... Majoring in general studies.

**Jerel Hill**

Jr./Sr. - 5-10 - Vicksburg, Miss.
Vicksburg HS/Hinds CC
Major: General Studies
Events: 100M (10.38), 200M (21.05)

PRIOR TO LSU

A three-time All-American in the National Junior College Athletic Association while competing for Hinds Community College ... Was the third-place finisher in the 100-meter dash at the 2008 NJCAA Outdoor Championships ... Ran on the 4x100-meter relay that clocked a 39.38 to win the national title at the NJCAA Outdoor Championships in 2007 ... Also finished sixth in the 55-meter dash at the NJCAA indoor meet in 2007 ... Finished his career at Hinds CC with personal bests of 10.38 in the 100 meters and 21.05 in the 200 meters ... Was the state runner-up in the 200 meters while running for Vicksburg High School in 2005.

PERSONAL

Full name is Jerel Deonne Hill ... Born on Sept. 13, 1987 ... Parents are Robert and Velma Hill ... Has two older brothers, Jay and John, and one older sister, Joy ... Majoring in general studies.

**Trindon Holliday**

Jr./Sr. - 5-6 - Zachary, La.
Northeast HS
Major: Business
Events: 60M (6.54), 100M (10.02)

NCAA Champion
5-time All-American
2-time NCAA Midwest Regional Champion
2-time SEC Champion
5-time All-SEC

2008

Continued to show why he is considered one of the elite sprinters in collegiate track and field with his performance in 2008 ... Earned a total of three All-America honors in leading the Tigers to a

INTRO

THIS IS LSU

REVIEW

COACHES

ATHLETES

REVIEW

HISTORY

RECORDS

INTRO

THIS IS LSU

PREVIEW

COACHES

ATHLETES

REVIEW

HISTORY

RECORDS

fourth-place finish at the NCAA Indoor Championships and a runner-up finish at the NCAA Outdoor Championships ... Anchored LSU's 4x100-meter relay team to its sixth NCAA title all-time with the third-fastest time in school history and the sixth-fastest time in collegiate history at 38.42 seconds at the NCAA Outdoor Championships in Des Moines, Iowa ... Added six more points at the NCAA Outdoor meet with a third-place finish in the 100-meter dash ... Clocking a time of 10.18 seconds in the national final ... Qualified for the NCAA meet with a second-place finish in the 100 meters at the NCAA Midwest Regional Championships where he clocked a 10.07 in the final ... Earned his first career indoor All-America honor with a runner-up finish in the 60-meter dash at the NCAA Indoor Championships in Fayetteville, Ark. ... Recorded a seasonal best and new personal-best time of 6.54 in the 60-meter final at the national meet to finish the season with the third-fastest time in the world in 2008 ... His time ranks No. 2 all-time in the history of LSU track and field ... Was also a three-time All-SEC performer in 2008 ... Earned all-conference honors in the short sprints with runner-up finishes in the 60 meters and 100 meters at the SEC Indoor and Outdoor Championships ... Recorded a seasonal-best time of 10.05 in the 100-meter final at the SEC Outdoor Championships ... Ran the anchor leg on the Tigers' winning 4x100-meter relay that crossed the finish line in 38.67 at the conference meet ... Also ran anchor on LSU's sprint relay teams that captured titles at the prestigious Texas Relays (38.74) and Penn Relays (39.18) ... Won five individual event titles on the year, including 60-meter titles at the Bayou Bengal Invitational (6.67) and Tyson Invitational (6.60) during the indoor season and 100-meter titles at the Texas Relays (10.20), Tiger Invitational (10.23) and LSU Alumni Gold (10.17) during the outdoor season ... Followed the collegiate season by lining up in the 100-meter dash at the U.S. Olympic Track and Field Trials in Eugene, Ore. ... Advanced to the semifinal round where he finished the meet in 11th place in his first Olympic Trials experience.

2007

Enjoyed a breakout sophomore season on the track in 2007 ... Led the Tigers to a second-place finish at the NCAA Outdoor Track and Field Championships after earning a pair of All-America honors at the national meet ... Was the national runner-up in the 100-meter dash after clocking a time of 10.06 seconds in the final on June 8 ... Shattered his own school record in the event with a blistering time of 10.02 in the national semifinal on June 7 ... Also anchored the Tigers' 4x100-meter relay team to an NCAA runner-up finish with a seasonal-best time of 38.85 in the final at the national meet ... Broke LSU great Xavier Carter's school record in the 100 meters when he won the SEC title in 10.08 on May 13 ... Set the school record in the 100 meters an impressive four times in 2007 ... Also won NCAA Midwest Regional titles in the 100 meters and sprint relay ... Helped the Tigers continue their tradition of excellence in the sprint relay by running the leadoff leg on the foursome that won the title at the prestigious Penn Relays on April 28 (39.73) ... Followed his performance at the NCAA Outdoor Championships by winning a silver medal in the 100-meter dash at the AT&T USA Outdoor Track and Field Championships in Indianapolis ... Earned the right to represent the United States in the 100-meter dash and as a member of the 400-meter relay pool at the 2007 IAAF World Championships in Athletics in Osaka, Japan ... Elected to sacrifice his spot on Team USA in order to prepare himself to compete for the Tigers during the 2007 football season ... Did not compete during the indoor season while taking part in spring practice with the football team.

2006

Competed primarily during the indoor campaign in his first season with the Tigers ... Earned a spot in the final heat of the 55 meters at the SEC Indoor Championships after finishing fifth in the prelims with a time of 6.28 ... Clocking a seasonal-best time of 6.74 in the 60 meters at the Tyson Invitational in February, finishing the meet in 13th place in the collegiate division ... Posted fourth-place finishes at both the UNM Lobo Invitational and LSU Twilight with times of 6.76 and 6.81, respectively ... Only competed in one meet during the outdoor season ... Finished 24th in the 100 meters at the SEC Outdoor Championships with a time of 11.01.

PRIOR TO LSU

Coached by Darren Wicker at Northeast High School in Zachary, La. ... Was the nation's No. 1 ranked sprinter in the 60-meter dash in 2005 ... Won the event at the Nike Indoor National Championship, clocking 6.64 ... Time ranks as the fourth fastest ever run by a high school athlete in the event ... A six-time Louisiana state champion, he won three titles in the 200 meters (2003-05), two titles in the 100 meters (2004-05) and one in the 55 meters ... Helped his team to state title in 2003 and 2005 ... Will also play on the Tigers' football team ... Twice earned all-state and all-district honors as a running back ... Accumulated 2,210 yards rushing (11.4 per carry) on 193 carries and 34 touchdowns as a senior ... Rushed for 1,870 yards and 26 touchdowns as a junior ... Also averaged 27.6 yards per punt return.

PERSONAL

Born on April 27, 1986 ... Son of Dennis and Gwendolyn Richardson ... Has three siblings: Treavion, Dennis and Damonte' ... Majoring in business.



Jamaal James

Jr./Jr. - 6-0 - Trincity, Trinidad
Trinity College
Major: Communication Studies
Event: 800M (IN: 1:48.58; OUT: 1:47.00)

2-time All-American
2-time SEC Champion
5-time All-SEC

2008

A key member of one of the deepest and more talented groups of middle distance runners in the nation in 2008 ... Earned a pair of All-SEC honors by finishing runner-up in the 800 meters at both the SEC Indoor and Outdoor Championships ... Recorded seasonal bests in the 800-meter final at both conference meets ... Was second at the SEC Indoor Championships with a time of 1 minute, 48.73 seconds ... Finished runner-up at the SEC Outdoor Championships with a time of 1:47.91 ... Earned the right to compete in the 800 meters at both the NCAA Indoor and Outdoor

Championships ... Placed 14th at the indoor national meet with a time of 1:52.37 in the qualifying round ... Went on to place 16th in the event at the NCAA Outdoor meet with a time of 1:49.43 ... Received an at-large berth into the NCAA Outdoor Championships following his seventh-place finish in the 800 meters at the NCAA Midwest Regional ... Clocking a time of 1:48.87 in the finals at the regional meet ... Also a key contributor to LSU's 4x400-meter relay throughout the 2008 season ... Ran the second leg on the foursome that earned all-conference honors with a runner-up finish at the SEC Indoor Championships (3:07.79) ... Earned All-America honors during the indoor season while running the 800-meter leg of the Tigers' distance medley relay team ... Teamed with Michael Hendry (1,200 meters), Armanti Hayes (400 meters) and John Kosgei (mile) to place sixth at the NCAA Indoor Championships with a time of 9:35.72 ... Marked the first time that the Tigers earned All-America honors in the distance medley relay in the history of the LSU track and field program ... Also ran the 800-meter leg on the DMR that set the school record with a time of 9:35.31 at the Tyson Invitational.

2007

Proved to be one of the nation's premier 800-meter runners during his freshman season ... Earned his first career All-America honor in the event during the indoor season ... Crossed the finish line in fifth place at the NCAA Indoor Track and Field Championships with a time of 1:49.69 in the final ... Was the top freshman finisher at the NCAA meet ... Clocking the fastest preliminary time at the indoor national meet with a new indoor PR of 1:48.58 ... Time ranks No. 2 on the school's all-time indoor performance list ... Became the first SEC athlete since South Carolina's Otukile Lekote in 2002 to sweep SEC Indoor and Outdoor titles in the 800 meters ... Crossed the finish line in 1:49.08 at the indoor conference meet ... His outdoor PR of 1:47.00 in the final at the SEC Outdoor Championships shattered the 33-year-old national junior record for Trinidad and Tobago for an athlete under the age of 20 ... It also moved him into the No. 4 spot on LSU's all-time outdoor list in the event ... Was the top-ranked freshman in the 800 meters on the national descending order list during both the indoor and outdoor seasons ... Missed his opportunity to represent the Tigers at the NCAA Outdoor Championships as he finished 14th in his specialty at the NCAA Midwest Regional Championships in May ... Followed the collegiate season by representing Trinidad and Tobago at the 2007 Pan American Junior Championships in Sao Paulo, Brazil ... Won a silver medal in the 800 meters with a time of 1:48.87 in the final ... Earned the right to represent his country at the Pan Am Juniors by striking gold at the Sagcor National Open Track and Field Championships ... Was also a standout in the classroom during his first season with the Tigers ... Was one of two Tigers to be named to the SEC Freshman Academic Honor Roll.

PRIOR TO LSU

One of the world's premier junior performers in the 800 meters in 2006 ... Clocking the fourth-best 800-meter time in the world by an athlete under the age of 18 with a PR of 1:48.64 ... Won a gold medal in the event at the 2006 Carifta Games after clocking a time of 1:52.64 in the final heat ... Was a finalist in the 800 meters at the 2005 IAAF World Junior Championships, finishing the meet in fifth place ... Advanced to the finals at the World Championships in 2005 with a time of 1:50.31 in his semifinal heat, becoming the only athlete from the Western Hemisphere to compete in the event finals ... Won a gold medal at the Central American and Caribbean Championships in 2004 and 2006 ... Was a five-time Jamaican Junior National Champion in the 800 meters from 2002 through 2006.

PERSONAL

Full name is Jamaal Kamau James ... Born on Sept. 4, 1988 ... Was born in Canada but is a resident of Trincity, Trinidad ... Has a brother, Plabel, who plays professional basketball in France ... Majoring in communication studies.



Ricky Jean-Francois

Sr./Sr. - 6-3 - Miami, Fla.
Carol City HS
Major: General Studies
Event: SP (IN: 60-1 1/4; OUT: 65-7)

All-SEC

2008

One of the top shot putters in the NCAA in 2008 ... Stepped into the circle at the NCAA Outdoor Track and Field Championships for the first time in his collegiate career ... Placed 18th at the national meet in Des Moines, Iowa, with a throw of 57 feet, 9 3/4 inches ... Earned an automatic berth into the NCAA meet with a fourth-place finish at the NCAA Midwest Regional Championships in Fayetteville, Ark. ... Helped lead the Tigers to a runner-up finish at both the SEC Indoor and Outdoor Championships ... Scored six points with a third-place finish in the shot put at the SEC Indoor Championships where he threw an indoor seasonal best of 59-1 1/2 ... Added two points at the SEC Outdoor Championships with a seventh-place finish in the event ... Opened the outdoor campaign with a seasonal-best throw of 59-1 1/4 at the LSU Tiger Relays ... Won four shot put titles on the year, including the LSU Twilight (56-7 1/4) and LSU NCAA Indoor Qualifier (56-6 1/2) during the indoor season and the LSU Tiger Relays (59-1 1/4) and LSU Alumni Gold (58-4 1/2) during the outdoor campaign ... Earned a runner-up finish at the prestigious Penn Relays with a throw of 58-8 and a fourth-place finish at the Texas Relays with a throw of 55-6 1/4 ... Threw the discus at three home meets during the outdoor season, including the LSU Tiger Relays (147-1), Tiger Invitational (150-7) and LSU Alumni Gold (150-11).

2007

Did not compete for the Tigers during the 2007 season.

2006

One of the Tigers' top newcomers in the 2006 season ... Earned All-SEC honors in the shot put at the SEC Indoor Championships by finishing in second place with a seasonal-best heave of 60-1 1/4 ... Posted first-place marks in the event at both the LSU Twilight and LSU Invitational with distances of 57-11 1/4 and 59-9 1/2, respectively ... Was a participant in the NCAA Midwest

Regional during the outdoor season after posting a regional qualifying mark of 58-8 in his first outdoor meet at the Texas Relays in April ... Finished in second place at the Texas Relays ... Earned a third-place finish at the Miami Elite with a distance of 59-3 ... Also competed in the discus during the outdoor season ... Posted a seasonal-best mark of 154-3 at the Miami Elite to finish the meet in seventh place ... Earned a 12th-place finish at the LSU Alumni Gold (154-2) and a 18th-place finish at the SEC Outdoor Championships (148-2).

PRIOR TO LSU

Attended Miami Carol City High School in Miami, Fla. ... Considered one of the top throws recruits in the country ... Won the 2005 Florida state titles in both the shot put and the discus ... Named one of the three top performers of 2005 in the shot put by USA Today ... Came to LSU with PRs of 190-1 in the discus and 65-7 in the shot put ... Will also play for the Tigers football team ... Rated as the No. 1 defensive line prospect to come out of the state of Florida ... Register 93 tackles, 15 sacks and three interceptions as a senior ... Set the Florida state record for sacks in a game with six and a half.

PERSONAL

Full name is Ricky Barkley Jean-Francois ... Born on Nov. 23, 1986 ... Son of Celhomme Jean-Francois and Zora Jones ... Nickname is The Freak ... Majoring in general studies with emphasis in communication studies and sports studies.



Timothy Landry

Fr./So. - 5-10 - Birmingham, Ala.
Hoover HS/Troy
Major: Management
Events: 800M (1:58), 1,500M (4:01), 5,000M (15:57)

PRIOR TO LSU

Transferred to LSU after spending his true freshman season at Troy University ... Ran track and cross country during his prep career at Hoover High School ... Named all-state during his sophomore, junior and senior seasons ... Qualified for the state championships all three years during prep career ... Helped team capture three state championships ... Was the indoor state champion in the 1,600 meters ... Was the Class 6A outdoor state runner-up in the 1,600 meters and 3,200 meters in 2007 ... Was also the state runner-up in the 3,200 meters in 2005.

PERSONAL

Full name is Timothy James Landry ... Born on Sept. 17, 1988 ... Son of Marvin and Stephanie Landry ... Has two older sisters, Erin and Colleen, and one younger brother, Ryan ... Majoring in management.



Michael Lauro

Fr./Fr. - 5-9 - Providence, R.I.
Classical HS/Rhode Island
Major: Business
Events: Weight Throw, Hammer Throw

PRIOR TO LSU

Spent his true freshman season at Rhode Island before transferring to LSU in the fall of 2008 ... Competed unattached in the weight throw indoors and hammer throw outdoors during the 2008 season ... Coached at Rhode Island by Tom Petranoff, who is a former world-record holder in the javelin ... Finished the 2008 season with bests of 190 feet in the hammer throw and 60 feet in the weight throw ... Threw both implements during his prep career at Classical High School in Providence ... Threw 65 feet in the weight throw and 210 feet in the hammer throw during his senior season ... Was a division and class champion in the hammer throw ... Helped lead his high school team to freshman state, division and class titles.

PERSONAL

Full name is Michael Hays Lauro ... Born on July 1, 1989 ... Son of Michael and Teresa Lauro ... Has a younger sister named Catherine ... Was a member of the honor roll for four years in high school ... Was an Academic All-State and All-America selection in high school ... Majoring in business.



Patrick Lee

Jr./Sr. - 5-10 - Kingston, Jamaica
Jamaica College/South Plains JC
Major: General Studies
Events: 60H (7.92), 110H (13.95), 400H (50.94)

2008

Was the Tigers' top intermediate hurdler during the 2008 campaign ... An NCAA Regional qualifier in his first season with the program ... Finished in 13th place in the 400-meter hurdles at the NCAA Midwest Regional Championships after clocking a time of 52.10 seconds in the semifinal round ... Finished 14th in the event at the SEC Outdoor Championships with a time of 52.83 ... Set a new personal best and seasonal best in the 400 hurdles in a fourth-place finish at the Texas Relays, crossing the finish line in 50.94 to move into the No. 10 spot on the school's all-time performance list in the event ... Also won the event title at the LSU Tiger Relays (51.89) and Tiger Invitational (51.57) during the outdoor season ... Opened the outdoor season by finishing runner-up in the 110-meter hurdles at the Willie Williams Classic (14.29) ... Competed in the 60-meter hurdles during the indoor season ... Recorded a personal best and seasonal-best time of 7.92 at the SEC Indoor Championships, where he finished in ninth place ... Time ranks fifth all-time in the history of the program ... Also broke the eight-second barrier in the 60 hurdles at the LSU NCAA Indoor Qualifier (7.94) ... Competed in a total of 13 meets in his first season with the Tigers.

PRIOR TO LSU

Proved to be the nation's premier hurdler at the junior college level during his sophomore season at South Plains College ... Led the Texans to their first outdoor national championship in program history with his performance at the 2007 National Junior College Athletic Association Outdoor Track and Field Championships in Coffeyville, Kan. ... Won a pair of national titles in the 110 hurdles and 400 hurdles en route to being named the Male Track Athlete of the Meet for his performance ... Earned a pair of All-America honors at the 2006 NJCAA Outdoor Championships after finishing third in the 400 hurdles and fifth in the 110 hurdles ... Holds the SPC indoor school record in the 55-meter hurdles with a time of 7.34 ... Finished a brilliant two-year career at SPC as a four-time NJCAA All-American ... Came to LSU with personal bests of 7.92 in the 60 hurdles, 13.95 in the 110 hurdles and 51.40 in the 400 hurdles.

PERSONAL

Full name is Patrick Emanuel Lee ... Born on March 31, 1985 ... Parents are Arthur and Gloria Lee ... Has an older brother named Richard ... Married to Venisa Clarke-Lee ... Majoring in general studies at LSU.



Jeremy Liddell

Fr./Fr. - 5-7 - Moss Point, Miss.
Moss Point HS
Major: Computer Science
Events: 100M, 200M

PRIOR TO LSU

A standout sprinter during his career at Moss Point High School ... Was a state qualifier in the 100 meters and 200 meters in 2007 and 2008 ... Finished his senior season in 2008 with a seasonal best of 10.60 in the 100-meter dash ... Earned a runner-up finish in the 200 meters at the state meet during his senior season.

PERSONAL

Full name is Jeremy Rapheal Liddell ... Born on April 26, 1990 ... Son of Donna Joseph ... A standout in the classroom who graduated in the top 10 percent of his senior class at Moss Point High School ... Also a member of the National Honor Society ... Earned the rank of Eagle Scout as a member of the Boy Scouts of America ... Majoring in computer science.



Anthony Martel

Fr./Fr. - 6-0 - Slidell, La.
Northshore HS
Major: Mechanical Engineering
Event: Javelin

2008

Received a redshirt during the 2008 season ... Will compete as a redshirt freshman for the Tigers in 2009.

PRIOR TO LSU

Earned two letters as a member of the track and field and football teams at Northshore High School ... Was the district 4-5A runner-up in the javelin during his senior season ... Also competed in the long jump and triple jump during his high school career.

PERSONAL

Full name is Anthony Tyrone Martel ... Born on Oct. 27, 1988 ... Mother is Colette Martel ... Has a younger brother named Jeremy ... Majoring in mechanical engineering.

INTRO

THIS IS LSU

PREVIEW

COACHES

ATHLETES

REVIEW

HISTORY

RECORDS

INTRO

THIS IS LSU

PREVIEW

COACHES

ATHLETES

REVIEW

HISTORY

RECORDS



Marcus McGehee

Fr./So. - 6-0 - Ethel, La.
Silliman Institute
Major: Undecided
Event: PV (15-7/4)

2008

Competed in four outdoor meets during his freshman season at LSU ... Recorded a new personal best in the pole vault with a clearance of 15 feet, 7 3/4 inches at the LSU Alumni Gold ... Took third place in the event at the Cole/Lancon Twilight Classic after clearing the bar at 15-7 ... Also competed in the pole vault at the LSU Tiger Relays (14-7 1/4) and Tiger Invitational (14-7 1/4) during the outdoor season ... Received a redshirt during the indoor season.

PRIOR TO LSU

Competed in the Mississippi Private School Association at Silliman Institute ... Was a district, south state and state champion in the pole vault during his junior and senior seasons at Silliman ... Set new district and state records in his specialty in 2007.

PERSONAL

Full name is Marcus McGehee ... Born on July 30, 1989 ... Parents are Marlin and Robin McGehee ... Undecided on what major he will pursue at LSU.



Michael Milton

Fr./Fr. - 6-1 - Scott Air Force Base, Ill.
Mascoutah HS
Major: Computer Engineering
Event: Long Jump (23-3)

PRIOR TO LSU

A standout athlete at Mascoutah High School who helped lead his track team to a conference championship in 2007 ... Won four gold medals at the conference meet during both his junior and senior seasons ... Was the third-place finisher in the long jump at the state meet during his senior season ... Finished his prep career with personal bests of 23-3 in the long jump, 14.1 in the 110 hurdles and 37.3 in the 300 hurdles ... Also played basketball in high school ... His team won the conference title in 2006.

PERSONAL

Full name is Michael Floyd Milton, Jr. ... Born on Sept. 21, 1989 ... Parents are Michael and Yalonda Milton ... Has two brothers, Matthew and Elijah ... Graduated from his high school with honors as magna cum laude ... Was a member of the high honor roll for four years ... Majoring in computer engineering.



Aaron Moore

Fr./Fr. - 6-2 - Mandeville, La.
Fontainebleau HS
Major: Civil Engineering
Event: Javelin (188-3)

PRIOR TO LSU

A javelin thrower who comes to LSU with a personal best of 188 feet, 3 inches in the event ... Won the District 4-5A title in the javelin in 2007 and 2008 ... Placed second in Region 2-5A in 2007 and third in the region in 2008 ... Capped his high school career with a third-place finish in his specialty at the state meet.

PERSONAL

Full name is Aaron Joseph Atticus Moore ... Born on Oct. 2, 1989 ... Son of Joseph and Terrice Moore ... Has a younger brother, Patrick ... Majoring in civil engineering.



Cody Muse

Fr./Fr. - 5-11 - Grenwell Springs, La.
Catholic HS
Major: Accounting
Event: Shot Put

PRIOR TO LSU

A shot putter who helped lead Catholic High School to four district, three regional and two state championships during his high school career ... Won two regional titles and one district title in the shot put ... Was the third-place finisher in the event at the state indoor meet during his senior season ... Went on to finish fifth outdoors in 2008 ... Was a three-time all-parish selection ... Finished his prep career with a personal best of 55-4 ... Also played football and was a member of the wrestling team at Catholic High School ... Team won three district championships on the gridiron during his prep career ... Served as team captain and was a first-team all-district selection in football.

PERSONAL

Full name is Cody Randall Muse ... Born on Nov. 4, 1989 ... Parents are Randy and Renee Muse ... Has an older sister named Tasha ... Majoring in accounting.



Gabriel Mvumvure

So./So. - 5-7 - Harare, Zimbabwe
Churchill HS
Major: International Studies
Events: 60M (6.81), 100M (10.37), 200M (IN: 21.84; OUT: 20.68w/20.83)

NCAA Champion
All-American
SEC Champion
All-SEC

2008

The future of the LSU track and field program in the short sprints ... Proved to be one of the top freshman sprinters in all of collegiate track and field with his performance in 2008 ... Ran the third leg on the Tigers' 4x100-meter relay team that won an NCAA title at the NCAA Outdoor Track and Field Championships in Des Moines, Iowa ... Teamed with Armantri Hayes, Richard Thompson and Trindon Holliday to run 38.42 in the national final, which is the third-fastest time in school history and the sixth-fastest time in the history of collegiate track and field ... Also qualified for the 200-meter dash at the NCAA Outdoor Championships ... Just missed earning All-America honors and advancing to the 200-meter final as he finished the event in 12th place with a time of 20.84 in the semifinal round ... Received an at-large bid to compete in the 200 meters at the national meet following his sixth-place finish in the event at the NCAA Mid-east Regional Championships ... Set a new wind-legal personal best of 20.83 in the regional final ... Also clocked a wind-aided time of 20.68 in the prelims at the regional meet ... Opened the outdoor season by winning the 200-meter title at the Willie Williams Classic (21.23) ... Not only ran on the LSU's national champion 4x100-meter relay team, but also ran the third leg on the foursome that set a new meet record of 38.62 to claim the SEC title at the SEC Outdoor Championships ... Scored two points with a seventh-place finish in the 200 meters at the SEC Outdoor meet, clocking a 21.27 in the final ... Also ran the 100-meter dash during the outdoor season ... Was an NCAA Regional participant in the event, finishing the meet in 12th place with a wind-aided time of 10.30 ... Placed 18th in the 100 meters at the SEC Championships (10.71) ... Set a new wind-legal personal best with a time of 10.37 to win the 100-meter title at the Willie Williams Classic ... Followed by winning the event title at the LSU Tiger Relays with a time of 10.47 ... Ran on LSU's sprint relay teams that won titles at the prestigious Texas Relays (38.74) and Penn Relays (39.18) during the 2008 season ... Saw limited action during the indoor season after coming to LSU at mid-term ... Lined up in the 60 meters and 200 meters at the SEC Indoor Championships ... Finished 11th and 22nd, respectively.

PRIOR TO LSU

One of the world's premier junior sprinters who joined the LSU track and field program from Churchill High School in Harare, Zimbabwe ... Joined the LSU program as Zimbabwe's national junior record holder in both the 100 meters (10.45) and 200 meters (20.91) ... Represented his country in the 200-meter dash at the 2006 IAAF World Junior Championships in Beijing, China ... Won African Junior Athletics titles in the 100 and 200 meters ... Competed for Team Zimbabwe at the 2007 All-Africa Games in Algiers, winning a bronze medal as a member of Zimbabwe's 4x100-meter relay team and finishing sixth in the 200 meters ... Earned National Junior Athlete of the Year honors for his performance in 2007 ... Was also named the Provincial Athlete of the Year in his home country in 2004 ... Led his high school track and field team to provisional and national championships during his high school career.

PERSONAL

Full name is Gabriel Mvumvure ... Born on Feb. 28, 1988 ... Son of Francis and Jenipher Mvumvure ... Has two older siblings named Bethel and Privilege ... Majoring in international studies.



Barrett Nugent

Fr./Fr. - 6-1 - Maurice, La.
North Vermillion HS
Major: Undecided
Events: 110H (13.70), 400H

PRIOR TO LSU

One of the elite hurdle prospects in the United States for the Class of 2008 ... Personal-best time of 13.70 in the 110-meter hurdles ranked No. 7 in the nation in 2007 ... Was the second-fastest time recorded by a member of the Class of 2008 ... Was a three-time Class 3A state champion in the 100-meter dash (10.46), the 110 hurdles (13.72) and the 300 hurdles (37.40) while competing

at the 2007 LHSAA State Outdoor Championships ... Actually broke his own state record in the 300 hurdles with his time of 37.40 at the state meet en route to being named the meet's Most Outstanding Performer for Class 3A ... Followed that effort by successfully defending his title in the 110 hurdles at the state meet in 2008 ... Also played football and basketball during his high school career.

PERSONAL

Full name is Barrett Adam Nugent ... Born on Jan. 29, 1990 ... Son of Keith and Denise Nugent ... Has two sisters, Simone and Olivia ... Sister Simone attends LSU Law School ... Currently undecided on what major he will pursue at LSU.



Ryan Penn

Jr./Jr. - 5-9 - Freeport, Bahamas
Southwestern Christian College
Major: Marine Biology
Events: 100M (10.37), 200M (20.78)

PRIOR TO LSU

A standout at Southwestern Christian College who finished the 2008 season as one of the top sprinters in the National Junior College Athletic Association ... Set personal bests of 10.37 in the 100 meters and 20.78 in the 200 meters ... Finished the season ranked No. 2 in the NJCAA in the 200 meters and No. 3 in the 100 meters ... Set both personal bests at the Abilene Christian Twilight Open on May 8, 2008 ... Competed in both sprint events at the 2005 World Youth Championships in Morocco.

PERSONAL

Full name is Ryan Lea' Penn ... Born on April 6, 1988 ... Son of Lea' Penn and Shurn Brown ... Has four older siblings: Michael, Mia, Lief and Cassie ... Majoring in marine biology.



Kyle Rose

So./So. - 5-11 - New Orleans, La.
Jesuit HS
Major: Kinesiology
Event: Pole Vault (IN: 15-9; OUT: 16-1 3/4)

2008

Set new indoor and outdoor personal bests in the pole vault in his first season with the Tigers ... Cleared the bar at 15 feet, 9 inches at the Razorback Invitational during the indoor season ... Posted a mark of 16-1 3/4 at the LSU Alumni Gold during the outdoor campaign to place fifth place in the event ... Finished second at the LSU Twilight Invitational (15-5) and third at the Bayou Bengal Invitational (15-7) during the indoor season ... Broke the 16-foot barrier for the first time in his career at the Tiger Invitational ... Finished the meet in third place with a clearance of 16-0 3/4 ... Placed fourth at the LSU Tiger Relays (15-7) and fifth at the Willie Williams Classic (15-9) ... Did not record a height in the pole vault in his first career appearance at both the SEC Indoor and Outdoor Championships ... Competed in a total of 14 meets during his freshman season in 2008.

PRIOR TO LSU

Signed with LSU as the top pole vault recruit in the state for the Class of 2007 ... Wrapped up his high school career at Jesuit High School by winning indoor and outdoor state titles in the event ... Set a state indoor record with a clearance of 15-6 at the indoor state championship meet ... Was also crowned district and regional champion in 2007 en route to being named New Orleans Track and Field Athlete of the Year and the Jesuit High School Athlete of the Year ... Ended his career as a three-time district and regional champion ... Competed in the pole vault at the 2007 Nike Indoor National Championships ... Won a bronze medal in the event at the 2006 AAU Junior Olympics ... Came to LSU with a personal best of 15-8 in his specialty.

PERSONAL

Full name is Kyle Matthew Rose ... Born on April 17, 1989 ... Son of Mark and Kelly Rose ... Has a younger sister named Laura ... Both his mother and father graduated from LSU ... Majoring in kinesiology with a concentration in human movement.



Ross Roubion

So./So. - 6-2 - New Orleans, La.
Brother Martin HS
Major: History
Event: Hammer Throw (170-6)

2008

Improved his personal best in the hammer throw by nearly 26 feet from his top mark entering the season ... Took third place in the event at the Cole/Lancon Twilight Classic with a career-best throw of 170 feet, 6 inches ... Opened the outdoor season by setting a then personal best of 164-0 at the LSU Tiger Relays ... Also threw the hammer at the LSU Alumni Gold (157-9) and Tiger Invitational (143-5) outdoors ... Competed in the weight throw at three home meets during the indoor season ... Recorded a seasonal best of 49-2 1/2 in a fourth-place finish at the LSU NCAA Indoor Qualifier ... Also threw the weight at the Bayou Bengal Invitational (45-5 1/4) and LSU Twilight Invitational (46-9).

2007

Did not compete for the Tigers as a true freshman in 2007 while receiving a redshirt.

PRIOR TO LSU

Earned four letters while throwing the discus for coaches Brad Dupelchen, David Guillot and Dennis Panepento at Brother Martin High School ... Had his most prolific season throwing the discus in 2004 ... Led the Crusaders to the varsity District 10-5A and Region III-5A Track Championships in 2004, marking the first time in school history that both titles were won in the same year ... Captured individual titles at both meets that same year ... Finished fourth in the discus at the Class 5A Outdoor Championships in 2004.

PERSONAL

Full name is Ross Francis Roubion ... Born on Dec. 14, 1987 ... Parents are Richard and Vickie Roubion ... Has two brothers, Reid and Ryan ... Brother Ryan throws the javelin at LSU ... Majoring in history.



Ryan Roubion

Fr./Fr. - 5-8 - Destrehan, La.
Brother Martin HS
Major: Kinesiology
Event: Javelin (195-1)

PRIOR TO LSU

Finished his high school career with a personal best of 195 feet, 1 inch in the javelin ... Is a former second-place finisher and third-place finisher in the event at the state meet ... Helped lead his team to two district championships and two regional championships during his high school career ... Also a standout on the football field ... Earned three letters while playing linebacker at Brother Martin High School.

PERSONAL

Full name is Ryan Charles Roubion ... Born on Feb. 17, 1990 ... Son of Richard and Vickie Roubion ... Has two brothers, Reid and Ross ... Ross is also a thrower at LSU ... A standout in the classroom at Brother Martin High School ... Was named a WWL A+ Athlete and a National Merit Finalist ... Majoring in kinesiology.



Kenneth Schiffman

Fr./Fr. - 5-10 - Metairie, La.
Brother Martin HS
Major: Biology
Events: Distance

PRIOR TO LSU

Finished his prep career with personal bests of 1:56 in the 800 meters, 4:17 in the 1,600 meters, and 9:48 in the 3,200 meters ... Was a two-time metro champion in cross country in 2006 and 2007 ... Also won the district title in 2007 ... Was crowned state champion in the mile in 2007 en route to being named the state's Most Outstanding Athlete ... Also played soccer at Brother Martin High School.

PERSONAL

Full name is Kenneth Ernest Schiffman ... Born on Oct. 7, 1989 ... Son of Lance and Nancy Schiffman ... Majoring in biology.



Jacob Simmons

Sr./Sr. - 6-1 - Houma, La.
Vandebilt Catholic HS
Major: General Studies
Events: Steeplechase (9:20.95), 5,000M (14:41.04), XC

INTRO

THIS IS LSU

PREVIEW

COACHES

ATHLETES

REVIEW

HISTORY

RECORDS

INTRO

THIS IS LSU

PREVIEW

COACHES

ATHLETES

REVIEW

HISTORY

RECORDS

2008

Competed primarily in the 3,000-meter steeplechase during his junior season ... Placed 16th in the event at the SEC Outdoor Championships with a seasonal-best time of 9 minutes, 37.25 seconds ... Finished runner-up in the steeplechase at the Tiger Invitational (9:55.81) ... Was the fifth-place finisher in the event at the LSU Alumni Gold (9:56.67) ... Also ran the 5,000 meters at the SEC Outdoor Championships, but did not finish the race ... Ran the 1,500 meters at the Warhawk Classic during the outdoor season, crossing the finish line in 12th place with a time of 4:15.11 ... Competed in a total of six meets for the Tigers during the 2008 season.

2007

One of the Tigers' top distance performers during the outdoor season while competing primarily in the 3,000-meter steeplechase ... Won the event title at the LSU Tiger Classic with a time of 9:47.09 ... Took second in the event at the LSU Alumni Gold (9:21.59) and third at the LSU Tiger Relays (9:56.49) ... His time at the LSU Alumni Gold was a seasonal best ... Placed 13th in the steeplechase at the SEC Outdoor Track and Field Championships ... Finished 15th at the Penn Relays ... Ran the 3,000 meters at the Sun Angel Classic, placing seventh with a time of 8:34.71 ... Lined up in the 5,000 meters at two meets ... Crossed the finish line in 30:15.60 to take 23rd place at the SEC Outdoor Championships ... Did not finish the race at the LSU Tiger Classic ... Did not compete during the indoor season.

2006

Primarily ran the steeplechase and the 5,000 meters ... Ran a personal best of 9:20.95 in the steeplechase at the SEC Championships ... Won the Tiger Classic in 9:33.94 ... Ran a second personal best at the conference meet, clocking 14:41.04 in the 5,000 meters ... Top time during the indoor season was 14:56.41 at the New Balance Invitational ... Won the UNM Lobo Invitational in 15:11.86.

PRIOR TO LSU

Three-year letterwinner for coach Harvey Hamilton at Vanderbilt Catholic High School ... A two-time Louisiana state champion in the 3,200 meters, he also earned all-state honors in the 1,600 meters ... Won two Louisiana state cross country titles ... Came to LSU with personal best times of 4:28 in the 1,600 meters and 9:18 in the 3,200 meters.

PERSONAL

Full name is Jacob Donovan Simmons ... Born Feb. 28, 1986 ... Son of Gene and Ann Simmons ... Father, Gene, played baseball and basketball at Nicholls State ... Has two older brothers, Billy and David ... Majoring in general studies.

**Robert Simmons**

Fr./Fr. - 5-9 - Missouri City, Texas
Fort Bend Hightower HS
Major: Undecided
Events: 200M (21.11), 400M (IN: 47.80; OUT: 46.40)

PRIOR TO LSU

Signed with LSU as one of the premier 400-meter recruits in the world for the Class of 2008 ... Burst onto the international scene at the 2007 Pan American Junior Championships in Sao Paulo, Brazil ... Ran a personal best and the fourth-fastest time in the nation by a high school boy with a time of 46.40 in the semifinal round ... His time also ranked No. 1 in the United States by a member of the Class of 2008 ... It was also ranked No. 20 in the world by an athlete under the age of 20 ... Went on to finish fourth in the 400 meters at the Pan Am Juniors with a time of 46.46 in the final ... Did not come home from the Pan Am Juniors empty-handed as he ran the leadoff leg on the foursome that won silver in the 4x400-meter relay with a time of 3:06.15 ... Has also competed in numerous national competitions, including the 2007 USA Track & Field Junior Olympic Championships, where he won silver in the 200 meters with a personal best time of 21.11 and bronze in the 400 meters with a time of 47.28 ... Won two gold medals at the 2007 Nike Outdoor Nationals as a member of the 4x100 and 4x200 relays for Team Texas ... Was named to the 2007 Boys All-USA Track and Field Team by USA Today for his performance ... Followed the success of his junior season by winning a silver medal in the 400 meters at the 2008 National Scholastic Indoor Championships, clocking an indoor personal best of 47.80 at The Army Track & Field Center in New York ... Is no stranger to team success after leading Fort Bend Hightower to the University Interscholastic League Class 5A state championship in 2007.

PERSONAL

Full name is Robert Raphael Simmons ... Born on July 18, 1989 ... Parents are John and Jacqueline Mamon ... Has one sister, Racheal, and two brothers, Rodrick and Rondell ... Currently undecided on a major.

**Alan Sticker**

So./So. - 6-2 - Pineville, La.
Pineville HS
Major: Kinesiology
Events: 800M (IN: 1:54.09; OUT: 1:54.26), 1,500M (3:49.29), Mile (4:11.57)

2008

A middle distance runner for the Tigers while concentrating on the 1,500 meters and the mile during the 2008 season ... Finished 13th in the mile in his first career appearance at the SEC Indoor Championships with a time of 4 minutes, 14.68 seconds ... Also ran the 3,000 meters at the SEC Indoor meet, but did not finish the race ... Set a new personal best in the mile with a time of 4:11.57 at the Razorback Invitational ... Also ran the mile at the New Balance Collegiate Invitational (4:14.05) and Purple Tiger Classic (4:17.37) ... Recorded a time of 3:51.58 to place 15th in the 1,500 meters at the SEC Outdoor Championships ... Set a new personal best of 3:49.29 to finish fourth in the event at the LSU Alumni Gold ... Also ran the 1,500 meters at the LSU Tiger Relays (3:58.62) and Willie Williams Classic (3:59.74) ... Ran two 800-meter races during both the indoor and outdoor seasons ... Finished the season with an indoor personal best of 1:54.09 and an outdoor personal best of 1:54.26.

2007

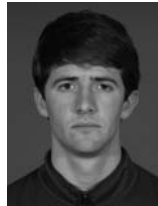
Did not compete for the Tigers during the 2007 season while receiving a redshirt.

PRIOR TO LSU

Earned four varsity letters while competing in the 800 meters, 1,600 meters and 3,200 meters under the direction of head coach Kevin Kessler at Pineville High School ... Helped lead Pineville to the Class 4A outdoor state championship in 2005 and a state runner-up finish in cross country as a senior in 2006 ... Was a five-time individual state champion ... Was the state cross country champion and outdoor 1,600-meter champion as a junior in 2005 ... Capped his senior season by winning state titles in the 3,200 meters during the indoor season, as well as the 1,600 meters and 3,200 meters during the outdoor season ... Was also a four-year letterwinner on the baseball team, earning a pair of First-Team All-District 3-4A honors during his career.

PERSONAL

Full name is Alan Levi Sticker ... Born on Nov. 18, 1987 ... Parents are Brad and Leeann Sticker, both of whom are graduates of LSU ... Graduated high school with a stellar 3.7 grade-point average ... Member of the National Honor Society ... Majoring in kinesiology.

**Sean Swanner**

So./So. - 5-9 - Baton Rouge, La.
Episcopal HS/Texas A&M
Major: International Studies
Events: Distance

2008

Did not compete in his first season with the Tigers after transferring to LSU from Texas A&M.

PRIOR TO LSU

A standout distance runner at Episcopal High School in Baton Rouge ... Was a four-time all-state performer in cross country from 2002-05 and an all-state selection in track in 2006 ... Won an individual state title in cross country in 2005 ... Was named the Class 2A MVP at the state meet in 2006 ... Led his team to four state cross country titles from 2002-05 ... Team also swept indoor and outdoor state titles in 2004 and won an indoor crown in 2005 ... Comes to LSU with personal bests of 4:23 in the 1,600 meters, 9:44 in the 3,200 meters and 15:25 in the three-mile race.

PERSONAL

Full name is Sean Webb Swanner ... Born on Dec. 21, 1987 ... Parents are John and Sherry Swanner ... Has an older brother, Matt, and an older sister, Allison ... Father and brother are graduates of LSU ... Was a National Merit Scholar and a National AP Scholar in high school ... Majoring in international studies.

**Jonathan Thomas**

Jr./Jr. - 5-6 - Madisonville, La.
St. Paul's HS
Major: Political Science
Events: Mile (4:29), XC

2008

Did not compete for the Tigers in 2008.

2007

Did not compete for the Tigers in 2007.

2006

Participated in the 3,000 meters twice during the indoor season ... Clocked a seasonal-best 9:21.29 at the Bayou Bengal Invitational ... Did not compete during the outdoor campaign.

PRIOR TO LSU

Earned a total of nine letters (four in cross country, three in outdoor track and two in indoor track) at St. Paul's High School ... Was the 2004 District 5-5A champion in the 1,600 meters and the 3,200 meters ... Named the Regional Track MVP after winning the 3,200 meters and earning

runner-up honors in the 1,600 meters ... Was the Louisiana 5A state cross country champion in 2004 ... Placed third at the state cross country meet in 2003 to earn first-team all-state honors ... A two-time Metro runner-up in cross country, he also won two district 5-5A titles.

PERSONAL

Full name is Jonathan Patrick Thomas ... Born May 3, 1987 ... Parents are Joe and Roxanne Thomas ... Has an older brother, Joseph, and a younger sister, Alexandra ... Majoring in political science.



Phillip Thomas

Fr./Fr. - 6-0 - Baton Rouge, La.
Broadmoor HS
Major: Electrical Engineering
Event: High Jump (6-6)

PRIOR TO LSU

Won district titles in the high jump and triple jump during his prep career ... Finished his senior season with a personal best of 6-6 in the high jump ... Also played baseball, basketball and football at Broadmoor High School ... Helped lead his baseball team to the District 7-4A title as a senior in 2008.

PERSONAL

Full name is Phillip Micah Thomas ... Born on March 1, 1990 ... Parents are Juan Thomas and Earlett Buckley ... Has three siblings: Juan, Jonathan and Alana ... Was a four-year member of the Academic Honor Roll at Broadmoor High School ... Was also a member of the National Honor Society ... Majoring in electrical engineering.



Zedric Thomas

So./So. - 5-11 - New Iberia, La.
New Iberia Senior HS
Major: General Studies
Events: LJ (IN: 24-1 3/4; OUT: 23-8 3/4), TJ (IN: 50-5 1/2; OUT: 52-3 1/4)

2008

Competed in the triple jump at the NCAA Outdoor Track and Field Championships in Des Moines, Iowa, in his first season with the program ... Finished in 18th place at the national meet with a top mark of 50 feet, 10 3/4 inches ... Earned an automatic qualifying spot into the NCAA meet with a fifth-place finish in the triple jump at the NCAA Midwest Regional Championships in Fayetteville, Ark. ... Recorded a new overall personal best at the regional meet with a wind-legal jump of 52-3 1/4 ... Was the top mark recorded by an LSU triple jumper during the 2008 season ... Scored three points with a sixth-place finish in the event at the SEC Outdoor Championships (49-11) ... Broke the 50-foot barrier for the first time at the Tiger Invitational, where he finished runner-up with a mark of 50-2 ... Also competed in the long jump at the SEC Outdoor meet, finishing in 12th place with a jump of 23-1 1/4 ... Set a new outdoor personal best in the long jump at the LSU Alumni Gold (23-8 3/4) ... Competed in both events during the indoor season ... Was the fifth-place finisher in the triple jump at the SEC Indoor Championships with an indoor personal best of 50-5 1/2 ... Won triple jump titles at the LSU Twilight Invitational (49-11) and LSU NCAA Indoor Qualifier (49-11 1/4) ... Placed 17th in the long jump at the SEC Indoor meet ... Set an indoor personal best of 24-1 3/4 at the Bayou Bengal Invitational ... Competed in a total of 17 meets during his freshman season.

PRIOR TO LSU

Arguably the nation's top recruit in the triple jump for the Class of 2007 ... Finished his high school career at New Iberia High School as a five-time All-American ... Won an indoor national title in the event by taking top honors at the 2007 National Scholastic Indoor Championships with a jump of 49 feet, 1/4 inches at the Armory Track and Field Center in New York ... Capped his illustrious high school career by winning indoor and outdoor state titles in the triple jump ... Recorded the third best jump in the nation with a mark of 49-8 in the finals of the triple jump at the 2007 Division I Indoor State Championships ... Also won an indoor state championship in the long jump during his senior season ... Won three straight outdoor state titles in the triple jump from 2005-07.

PERSONAL

Full name is Zedric Ramone Thomas ... Born on June 21, 1988 ... Parents are Jimmy and Daphne Thomas ... Has two siblings: Zhamal and Amber ... Majoring in general studies.



Garrek Thompson

Fr./Fr. - 5-7 - Memphis, Tenn.
White Station HS
Major: Advertising
Event: 400M (49.78), 800M (1:59.15)

PRIOR TO LSU

A 400-meter and 800-meter runner at White Station High School in Memphis, Tenn. ... Was the runner-up in the 400 meters at the Tennessee 3A Sectional meet during his senior season in 2008 ... Placed third in the 800 meters at the Memphis City Championships with a time of 2:03 ... Finished his high school career with personal bests of 49.78 in the 400 meters and 1:59.15 in the 800 meters.

PERSONAL

Full name is Garrek Jordan Thompson ... Born on May 6, 1990 ... Mother is Nina Thompson ... A member of the National Honor Society at White Station High School ... Majoring in advertising.



Adam Wilcox

Sr./Sr. - 6-0 - Baton Rouge, La.
Catholic HS
Major: Kinesiology
Event: Shot Put (IN: 54-10 1/4; OUT: 56-0)

2008

One of the Tigers' top performers in the throws during his junior season ... Qualified to throw the shot put at the NCAA Midwest Regional Championships for the first time in his collegiate career ... Finished 25th in the event at the regional meet after recording a mark of 51 feet, 9 inches ... Unleashed a new personal best and seasonal-best throw of 56-0 at the LSU Tiger Relays to punch his ticket to the regional meet ... Placed fourth in the shot put at the LSU Tiger Relays ... Also threw the shot at the Willie Williams Classic (53-10 1/2), Texas Relays (50-2), Tiger Invitational (52-1 1/4) and LSU Alumni Gold (53-1) during the outdoor season ... Established a new indoor personal best of 54-10 1/4 to finish in 12th place at the SEC Indoor Championships in March ... Finished runner-up at the Razorback Invitational with a throw of 51-5 ... Took third place at the Purple Tiger Classic (51-7 1/4) and LSU NCAA Indoor Qualifier (53-7 1/2) ... Competed in a total of 13 meets for the Tigers in 2008.

2007

Concentrated on the shot put during the 2007 season ... Earned a pair of runner-up finishes in the event at the LSU Twilight Invitational (53-1 3/4) and LSU NCAA Indoor Qualifier (53-7) during the indoor season ... His mark at the LSU NCAA Indoor Qualifier was a new indoor personal best ... Competed in a total of eight meets during the indoor season ... Followed with six appearances during the outdoor campaign ... Shattered his previous outdoor PR in the season opener with a heave of 54-6 1/2 to win the event title at the LSU Tiger Relays ... Finished second in the shot put at the LSU Tiger Classic with a mark of 53-7 3/4 ... Placed 14th in his specialty at the SEC Outdoor Track and Field Championships ... Also threw the shot at the Texas Relays (52-8) and LSU Alumni Gold (54-0) ... Was one of 15 Tigers to be named to the SEC Academic Honor Roll following the season.

2006

Did not compete for the Tigers in 2006.

PRIOR TO LSU

Lettered four years in track and two years in football at Catholic High School in Baton Rouge ... Named a 2005 all-state selection in the shot put ... Won three Louisiana state titles in the shot put, including the 2003 and 2004 indoor and 2005 outdoor titles ... Was named the Outstanding Field Man of the Year three straight years (2003-05) ... Came to LSU with a personal best of 59-2 in the shot put.

PERSONAL

Full name is Adam Lindsey Wilcox ... Born Nov. 13, 1986 ... Son of Paul and Eileen Wilcox ... Has an older brother, Christopher ... Grandfather played football at McNeese State ... Majoring in kinesiology.

INTRO

THIS IS LSU

PREVIEW

COACHES

ATHLETES

REVIEW

HISTORY

RECORDS

INTRO

THIS IS LSU

PREVIEW

COACHES

ATHLETES

REVIEW

HISTORY

RECORDS



Amber Abbott

Fr./Fr. - 5-4 - Walker, La.
Walker HS
Major: Kinesiology
Events: Distance

PRIOR TO LSU

Was an all-state performer in cross country in 2006 and 2008 ... Finished her high school career with personal bests of 5:21 in the mile, 11:36 in the two mile and 18:57 in the three mile ... Also played basketball at Walker High School.

PERSONAL

Full name is Amber Andrea Abbott ... Born on Jan. 18, 1990 ... Parents are Kenny and Sheila Abbott ... Has a younger sister named Megan ... Majoring in kinesiology with a concentration in human movement.



Monique Cabral

Sr./Sr. - 5-3 - Diego Martin, Trinidad
St. Joseph's HS
Major: Elementary Education
Events: 60M (7.43), 100M (11.49), 200M (IN: 23.95; OUT: 23.54)

2008

Participated in both the 100 and 200 meters at the NCAA Mideast Regional Championships for the second-straight season ... Finished 16th in the 100 meters and 11th in the 200 meters at the regional meet ... Also lined up in both sprints at the SEC Outdoor Track and Field Championships in Auburn, Ala., placing 11th and 15th, respectively ... Set a new wind-legal personal best of 11.49 seconds in the 100-meter dash at the Sagcor National Open Championships in her native Trinidad and Tobago following the collegiate season ... Finished the meet in sixth place in the event ... Recorded a new personal best of 23.54 in the 200 meters at the Tiger Invitational on April 12 while placing fifth in the event ... Also saw action in both the 4x100 and 4x200-meter relays during the outdoor season ... Competed in the 60 meters and 200 meters during the indoor season ... Clocking a seasonal best of 7.46 in the 60 meters at the LSU NCAA Indoor Qualifier ... Set a new indoor personal best of 23.95 in the 200 meters at the SEC Indoor Championships ... Participated in a total of 16 meets during the collegiate season in 2008.

2007

Was an NCAA Mideast Regional participant in the 100 and 200 meters during the outdoor season ... Placed 19th in the 100 and 16th in the 200 at the regional meet ... Won the 100-meter title at the LSU Tiger Classic on March 31 with a seasonal best wind-aided time of 11.62 in the final ... Clocking a new personal best in the event with a 11.71 at the LSU Tiger Relays ... Also recorded a new personal-best time in the 200 meters in a fourth-place finish at the Sun Angel Classic (23.74) ... Finished 13th in the 100 meters and 12th in the 200 meters at the SEC Outdoor Championships ... Was a member of the 4x200-meter relay team that clocked the fastest preliminary time at the Penn Relays with a 1:33.04 ... Competed in the 60 meters and 200 meters during the indoor season ... Clocking her first career NCAA provisional qualifying time in the 60-meter dash in the prelims at the SEC Indoor Championships with a new personal-best time of 7.43 ... Finished ninth in the event at the conference meet ... Also posted a new indoor personal best of 24.10 in the 200 meters at the SEC Championships.

2006

Competed in both the 100 meters and 200 meters for the Lady Tigers during the outdoor season ... Finished 11th in the 100 meters at the SEC Championships after clocking a seasonal-best time of 11.93 ... Posted a seasonal-best time of 24.09 in the 200 meters to finish in eighth place at the LSU Alumni Gold ... Also competed in the event at the SEC Championships, finishing the meet in 17th place with a time of 24.80 ... Competed in four meets during the indoor season while running the 60 meters ... Earned a pair of fifth-place finishes at the Purple Tiger Invitational (7.64) and LSU Invitational (7.75) ... Also competed in the Bayou Bengal Invitational and New Balance Invitational during the indoor season.

PRIOR TO LSU

Attended St. Joseph's Convent ... Coached by Ian Hypolite on her Memphis Pioneers club team ... Was the 2005 Trinidad and Tobago junior national champion in both the 100 and 200 meters ... Was also part of the 4x100 relay team with former Lady Tiger Kelly Baptiste that set the national record in the event ... Has represented Trinidad and Tobago at both the senior and junior national levels on several occasions ... Came to LSU with personal best marks of 11.67 in the 100 meters and 23.87 in the 200 meters.

PERSONAL

Born on Dec. 9, 1986 ... Daughter of Alan and Gail Cabral ... Has two older siblings, Leigh and Danica ... Pursuing a degree in elementary education.



Laura Carleton

Fr./Fr. - 5-5 - Lake Charles, La.
St. Louis HS
Major: Management
Events: Distance

PRIOR TO LSU

One of the top distance runners in the state of Louisiana for the Class of 2008 ... Won state titles in the 1,600 meters and 3,200 meters during her senior season ... Finished runner-up in the 800 meters at the state meet in 2007 and 2008 ... Was an all-state performer in cross country in 2007 ... Also the district and regional MVP in cross country in 2008 ... Finished her high school career with personal bests of 2:15 in the 800 meters, 5:10 in the mile, 11:45 in the 3,200 meters and 18:58 in the three mile.

PERSONAL

Full name is Laura Catherine Carleton ... Born on Sept. 23, 1989 ... Parents are Mike and Jackie Carleton ... Has two younger sisters, Rebecca and Ellen ... Parents are graduates of LSU ... Graduated from St. Louis High School with honors as she was ranked third in her class ... Majoring in management.



Brittani Carter

So./So. - 5-9 - Missouri City, Texas
Thurgood Marshall HS
Major: Psychology
Event: High Jump (6-0)

2008

Was an NCAA Regional qualifier in the high jump in her first season as a Lady Tiger ... Qualified for the NCAA Mideast Regional Championships with an outdoor seasonal best of 5 feet, 8 3/4 inches set four times ... Did not record a height at the regional meet ... Earned Freshman All-SEC honors at the SEC Outdoor Track and Field Championships as the highest freshman finisher in the high jump ... Tied for third place at the outdoor conference meet with a clearance of 5-8 3/4 ... Was the fifth-place finisher in her specialty at the SEC Indoor Championships with a seasonal-best clearance of 5-9 1/4 ... Helped the Lady Tigers sweep SEC Indoor and Outdoor titles by scoring a total of 9.5 points in conference championship action ... Won the high jump title at both the Willie Williams Classic (5-8 3/4) and Tiger Invitational (5-8 3/4) during the outdoor season ... Won four high jump titles during the indoor season, including the Razorback Invitational (5-8), Bayou Bengal Invitational (5-8 1/2), LSU Twilight (5-6 1/2) and LSU NCAA Indoor Qualifier (5-8 1/2) ... Competed in a total of 16 meets during her freshman season.

PRIOR TO LSU

One of the nation's premier high jumpers during her senior season at Thurgood Marshall High School ... Finished the outdoor campaign ranked No. 2 in the country with a seasonal best and new personal-best clearance of 6-0 ... Cleared six feet in a silver-medal winning performance at the state championship meet in 2007 ... Also won district and regional titles in the high jump during her junior and senior seasons ... Was named an American Track and Field Second-Team All-American in 2006 following an outstanding junior season ... Was named MVP of the Carl Lewis Relays during her high school career.

PERSONAL

Full name is Brittani Lanell Carter ... Born on Sept. 29, 1988 ... Parents are Floyd and Kimberly Carter ... Has two younger brothers, Marcus and Marvel ... Majoring in psychology.



Kristina Davis

Jr./Jr. - 5-4 - Union City, Calif.
James Logan HS
Major: Communication Studies
Events: 60M (7.44), 100M (11.56), 200M (IN: 24.50; OUT: 23.80)

2008

Competed in the 100-meter dash at the NCAA Mideast Regional Championships for the second-straight season ... Placed 13th in the event at the regional meet with a seasonal best wind-aided time of 11.58 seconds ... Clocking a new wind-legal personal best of 11.68 at the Tiger Invitational, where she finished in sixth place ... Lined up in both the 100 meters and 200 meters at the SEC Outdoor Track and Field Championships, finishing in 16th and 20th, respectively ... Also set a new personal best of 23.97 in the 200 meters at the LSU Alumni Gold ... Competed in both the 60 meters and 200 meters during the indoor season ... Recorded a seasonal best of 7.57 in the 60-meter dash at the SEC Indoor Championships, where she finished in 17th place ... Was disqualified from the 200 meters at the indoor conference meet ... Saw action in a total of 14 meets during her sophomore season.

2007

Was an NCAA Midwest Regional participant in just her first season with the Lady Tigers ... Placed 16th in the 100-meter dash at the regional meet ... Clocked a new personal-best time of 11.72 to finish fourth at the LSU Alumni Gold ... Took second place in the 100 at the LSU Tiger Classic with a wind-aided time of 11.73 ... Also recorded a new personal best in the 200 meters at the LSU Tiger Classic with a time of 24.24 ... Finished 12th in the 100 meters (11.77) and 19th in the 200 meters (24.26) at the SEC Outdoor Championships ... Competed in the 60 meters and 200 meters during the indoor season ... Posted a seasonal-best time of 7.54 in the prelims of the 60-meter dash at the New Balance Collegiate Invitational ... Crossed the finish line in fourth place in the 60 meters at the LSU Twilight Invitational ... Finished 18th in the 200 meters at the SEC Indoor Championships with a new indoor personal-best time of 24.50 ... Also competed in the 100 meters at the indoor conference meet with a 15th-place finish.

PRIOR TO LSU

Competed on the track for four years at James Logan High School ... Member of the 4x100-meter relay team that won a gold medal for Team USA at the 2005 Pan American Junior Championships with a blistering time of 43.97 ... Named a Nike Indoor All-American in 2006 for her performance in the 60 meters ... Clocked the seventh-fastest 60-meter time in the nation during the indoor season with a personal best of 7.44 ... Led her high school team to its first ever outdoor state championship in 2006 ... Ran on the 4x100 team at James Logan that clocked the second-fastest time in the country during the outdoor campaign with a 45.66 ... Came to LSU with PRs of 11.56 in the 100 meters and 23.80 in the 200 meters ... Ranked seventh in the country in the 100 meters as a junior in 2005.

PERSONAL

Full name is Kristina Jalesha Davis ... Born on March 28, 1988 ... Daughter of Keith and Shena Davis ... Has four siblings: Keisha, Keyanna, Keith and Keleena ... Majoring in communication studies.



Lindsay Day

Sr./Gr. - 5-5 - Springfield, La.
St. Thomas Aquinas HS
Major: Kinesiology
Events: 800M (IN: 2:09.32; OUT: 2:09.99), 1,500M (4:42.80), Mile (5:05.21), XC

2008

Competed primarily in the 800 meters during the 2008 season ... Scored three points for the Lady Tigers during their title run at the SEC Indoor Track and Field Championships by finishing sixth in the event with a new indoor personal best of 2 minutes, 9.32 seconds ... Marked the first time in her career that she scored points for the Lady Tigers at the conference level ... Recorded an outdoor seasonal best of 2:10.68 at the SEC Outdoor Championships, where she finished in 10th place ... Also competed in the 400 meters during both the indoor and outdoor seasons ... Ran the leadoff leg on both of LSU's winning 4x800-meter relays at the Texas Relays and Penn Relays ... Teamed with Kayann Thompson, Brittany Hall and LaTavia Thomas to clock the fourth-fastest time in school history in the 4x800 relay at 8:30.98 at the Penn Relays ... In addition to the 800 meters, ran the 5,000 meters at the SEC Outdoor Championships, where she placed 27th in the event with a time of 17:49.80 ... Competed in a total of 13 meets during the 2008 season.

2007

Concentrated primarily on the 800 meters during the 2007 campaign ... Competed in a total of nine meets during the indoor and outdoor seasons ... Won the 800-meter title in the Lady Tigers' season opener at the Purple Tiger Classic with a time of 2:19.71 ... Took third place in the event at both the Lobo Invitational and New Balance Invitational ... Advanced to the final of the 800 meters at the SEC Indoor Championships for the first time in her career ... Finished ninth in the event at the conference meet with a time of 2:14.19 in the final ... Clocked a new indoor personal-best time of 2:10.71 during the preliminary round ... During the outdoor season, took second place at the LSU Tiger Classic (2:12.83) ... Placed third in the event at the Sun Angel Classic (2:10.75) ... Recorded a new outdoor personal best of 2:09.99 to take fifth place at the LSU Alumni Gold ... Also competed in the 800 meters at the SEC Outdoor Championships, where she finished in 12th place ... Proved to be a standout in the classroom as she was named to the SEC Academic Honor Roll.

2006

Established new PRs in the both the 800 (2:12.58) and 1,500 (4:42.80) meters during the outdoor season ... Also posted a PR during the indoor season, clocking 5:09.17 in the mile at the New Balance Invitational ... Turned in a top indoor 800-meter time of 2:14.69 at the Tyson Invitational ... Won the Bayou Bengal Invitational in 2:17.89.

2005

Participated in the 800 meters and 1,500 meters during the outdoor season ... Turned in personal bests in both events at the SEC Championships, clocking 2:13.15 and 4:44.83, respectively ... Did not compete during the indoor season.

PRIOR TO LSU

Four-year letterwinner in cross country and track at St. Thomas Aquinas High School in Hammond, La. ... An 11-time track state champion ... Won four consecutive outdoor 800-meter titles and two indoor 800-meter crowns (2003-2004) ... Won state titles in the 1,600 meters as both a junior and a senior ... Helped her team to state titles in the 4x800 relay in 2003 and 2004, in addition to the 4x400 title in 2004 ... Is the Class 2A state record holder in the 800 meters and 1,600 meters ... Was a four-time all-state and all-district selection in track and cross country ... A four-year all-state selection in cross country, she won three consecutive Louisiana state titles

from 2001-2003 ... Helped the team to state cross country titles in 2002 and 2003 ... Also lettered in volleyball and basketball, earning all-district honors in both all four years as a prep ... Was featured in Sports Illustrated's "Faces in the Crowd" ... Named the 2003 Louisiana winner of the Wendy's High School Heisman Scholar-Athlete Award ... Member of the National Honor Roll, the National Honor Society and the National Society of High School Scholars.

PERSONAL

Full name is Lindsay Blair Day ... Born July 30, 1986 ... Daughter of Ora and Susan Day ... Has two older siblings, Courtney and Ryan ... Pursuing a degree in kinesiology.



Kristi Denton

Fr./Fr. - 5-3 - Baton Rouge, La.
Parkview Baptist HS
Major: Kinesiology
Events: Distance

2008

Received a redshirt during the 2008 season ... Will compete as a redshirt freshman for the Lady Tigers in 2009.

PRIOR TO LSU

A standout distance runner at Parkview Baptist High School ... Led her team to three state championships in cross country during her high school career ... Was a two-time all-district and one-time all-metro selection ... Graduated as a four-time letterwinner in both track and cross country ... Came to LSU with personal bests of 5:40 in the mile, 12:20 in the two mile and 20:40 in the three mile ... Also earned four letters as a member of the soccer team.

PERSONAL

Full name is Kristi Jean Denton ... Born on May 4, 1989 ... Parents are Todd and Julie Denton ... Has two older sisters, Katie and Kelly ... Was a standout in the classroom at Parkview Baptist High School ... A member of National Honor Society and Spanish Honor Society ... Was also named one of "Who's Who Among American High School Students" ... Majoring in kinesiology.



Jessica Deutsch

Fr./Fr. - 5-1 - West Monroe, La.
West Monroe HS
Major: History
Events: Distance

PRIOR TO LSU

Was a two-time all-state performer in cross country in 2005 and 2006 ... Helped her team win the District 2-5A championship in 2004 ... Finished sixth at the Class 5A cross country meet in 2006.

PERSONAL

Full name is Jessica Erin Deutsch ... Born on May 23, 1989 ... Daughter of Joseph and Dee Deutsch ... Has three siblings: Katie, Derek and Josh ... Maintained a 4.0 grade-point average in four years of high school ... Was the Student of the Year as a senior at West Monroe High School ... Majoring in history.



Amal Esmail

Jr./Jr. - 5-6 - Dhahran, Saudi Arabia
Dhahran HS
Major: Journalism
Events: Distance

PRIOR TO LSU

A distance runner who also played soccer and softball in high school ... Was the team captain of her high school soccer team.

PERSONAL

Full name is Amal Walid Esmail ... Born on Sept. 14, 1986 ... Parents are Walid and Dina Esmail ... Has two siblings, Khalid and Hala ... Majoring in journalism.

INTRO

THIS IS LSU

PREVIEW

COACHES

ATHLETES

REVIEW

HISTORY

RECORDS



Taylor Evans

Fr./Fr. - 5-6 - Phoenix, Ariz.
South Mountain HS
Major: Undecided
Event: 400M (54.65)

PRIOR TO LSU

Joins the Lady Tiger program following an outstanding high school career during which she was the top 400-meter runner in the state of Arizona for the Class of 2008 ... Led South Mountain High School to four-straight Class 5A Division II state titles from 2005-08, while she was a eight-time individual state champ during her illustrious career ... Won three state titles in the 400 meters from 2006-08, as well as a sweep of the 100-meter and 200-meter titles in 2005 ... Was named the Arizona Gatorade Athlete of the Year for her performance in 2005 ... Member of three state championship 4x400-meter relay team at South Mountain.

PERSONAL

Full name is Taylor Monae Evans ... Born on Oct. 7, 1989 ... Daughter of Dwayne and Lori Evans ... Father was the Olympic bronze medalist in the 200 meters at the 1976 Olympics in Montreal ... Has an older sister, Turquoise, and a twin sister, Terra, who runs track at Texas Tech ... Undecided on what major she will pursue at LSU.



Rachel Fountain

Fr./Fr. - 5-8 - Lake Charles, La.
South Cameron HS
Major: Undecided
Events: Long Jump, Triple Jump

PRIOR TO LSU

Wrapped up her prep career with Class 1A state titles in the long jump and triple jump during her senior season ... Was also the state runner-up in the 100-meter hurdles and high jump in 2008 ... Was the Most Outstanding Performer for Class 1A at the state meet ... Also won high jump and triple jump state titles in 2007 and the 100-meter hurdle title in 2005 ... Also played basketball during her high school career.

PERSONAL

Full name is Rachel Shantelle Fountain ... Born on Jan. 30, 1990 ... Daughter of Roy and Shirley Ellison ... Has two siblings, Renesha and Karisha ... Was the valedictorian of her senior class at South Cameron High School ... Currently undecided on a major.



Brittany Hall

So./So. - 5-3 - Norcross, Ga.
Meadowcreek HS
Major: Kinesiology
Event: 800M (IN: 2:08.08; OUT: 2:05.95)

NCAA Midwest Regional Champion

2008

An impact newcomer for the Lady Tigers in 2008 as one of the team's leading middle distance runners ... Was an NCAA Regional participant in the 800 meters in her rookie season ... Finished 14th in the event at the NCAA Midwest Regional Championships in Fayetteville, Ark. ... Won an NCAA Midwest Regional title as a member of LSU's winning 4x400-meter relay team ... Ran the leadoff leg on the foursome that clocked a top time of 3 minutes, 32.22 seconds at the regional meet ... Clocked a new personal best of 2:05.95 to finish fifth in the 800 meters at the SEC Outdoor Track and Field Championships ... Was the eighth-place finisher in the event at the SEC Indoor Championships ... Scored a total of five points in conference action to help lead the Lady Tigers to a sweep of SEC Indoor and Outdoor titles in 2008 ... Earned SEC Freshman All-SEC honors during both the indoor and outdoor seasons as the top freshman finisher in the 800 meters at the conference championships ... Her indoor personal best of 2:08.06 ranks No. 10 on the school's all-time indoor performance list in the event ... Also ran on the Lady Tigers' 4x800-meter relay team that captured titles at the prestigious Texas Relays and Penn Relays ... Teamed with Lindsay Day, Kayann Thompson and LaTavia Thomas to win the Championship of America title at the Penn Relays with the fourth-fastest time in school history at 8:30.98 ... Competed in a total of 14 meets during her first season in the purple and gold.

PRIOR TO LSU

Signed with LSU as one of the nation's top recruits in the 800 meters ... Is a former national-record holder in the event after clocking a then personal best of 2:08.47 to capture the USATF Junior Olympic title in Indianapolis, Ind., in July 2005 ... Captured back-to-back-to-back Class 5A state titles in the 800 meters as a sophomore, junior and senior at Meadowcreek High School ... Was the state runner-up as a freshman ... Set a new state record during her junior season with a

top time of 2:08.58 ... Eclipsed the previous Class 5A best of 2:08.75 set by Susan Crisp of Brookwood High School in 1985 ... Time also ranked No. 5 among all high school performers for 2006.

PERSONAL

Full name is Brittany Mirae Hall ... Born on May 7, 1989 ... Parents are Whitney and Angela Riddle ... Has two siblings: Antwan and Tanan ... Pursuing a degree in kinesiology.



Samantha Henry

Jr./Jr. - 5-3 - Kingston, Jamaica
The Queen's School for Girls
Major: Accounting
Events: 60M (7.18), 100M (11.16), 200M (IN: 23.01; OUT: 22.84)

5-time All-American
2-time NCAA Midwest Regional Champion
SEC Champion
3-time All-SEC

2008

One of the top sprinters in all of collegiate track and field in 2008 ... Scored a total of eight points toward LSU's final total to help lead the Lady Tigers to a national championship at the NCAA Outdoor Track and Field Championships in Des Moines, Iowa ... Scored two points with a seventh-place finish in the 100-meter dash on the third day of the NCAA Championships while clocking a time of 11.63 seconds in the final ... Added four more points on the final day of the meet with a fifth-place finish in the 200 meters with a time of 23.22 in the event final ... Also ran the second leg on the Lady Tigers' 4x100-meter relay team that finished as the national runner-up with a time of 42.85 in the final ... Also ran the second leg on LSU's sprint relay team that won titles at the NCAA Midwest Regional Championships (43.60) and SEC Outdoor Championships (42.80) ... Time of 42.80 at the SEC Championships is a meet record ... Punched her ticket to the NCAA Championships with a seventh-place finish in both the 100 meters and 200 meters at the NCAA Midwest Regional Championships ... Her finish was high enough to receive an at-large bid into the national meet ... Was the third-place finisher in the 100 and 200 at the SEC Outdoor Championships to help lead the Lady Tigers to the team title ... A member of the Lady Tigers' 4x100-meter relay that clocked three of the Top 10 times all-time in the history of women's collegiate track and field ... Foursome clocked a seasonal best and the third-fastest time in collegiate history at 42.59 to win the Championship of America title at the 114th Penn Relays ... Time was also a meet record ... Also ran the leadoff 200-meter leg of the sprint medley relay that won the Championship of America title at the Penn Relays ... Wrapped up the outdoor season at the Jamaican Olympic Trials, where she set a new personal best of 11.16 in the prelims of the 100-meter dash to move into ninth place on LSU's all-time outdoor performance list in the event ... Earned her first individual All-America honor during the indoor season with a fifth-place finish in the 60-meter dash at the NCAA Indoor Track and Field Championships ... Clocked a time of 7.24 in the national final ... Just missed earning indoor All-America honors in the 200 meters after finishing ninth in the event at the NCAA meet ... Seasonal bests of 7.18 in the 60 meters and 23.01 in the 200 meters rank third and eighth, respectively, in school history ... Helped lead the Lady Tigers to the team title at the SEC Indoor Championships with a pair of second-place finishes in both short sprints ... Earned All-SEC honors for her performance.

2007

Proved to be one of the top newcomers to the LSU women's track and field program during the 2007 season ... Was instrumental in leading the Lady Tigers to national runner-up finishes at the NCAA Indoor and Outdoor Championships ... Ran the second leg on the Lady Tigers' 4x100-meter relay team that finished as the national runner-up at the outdoor national meet ... Foursome clocked a seasonal-best time of 43.15 seconds in the final ... Just missed earning her first career individual All-America honor as she finished ninth in the finals of the 200 meters at the NCAA Outdoor Championships ... Finished 23rd in the 100 meters at the NCAA meet ... Punched her ticket to Sacramento with a sixth-place finish in the 100 and fifth-place finish in the 200 at the NCAA Midwest Regional Championships ... Also ran on the foursome that won the 4x100-meter relay title at the regional meet in 44.20 ... Helped the Lady Tigers win their first SEC Outdoor title since 1996 as she finished fifth in both the 100 and 200 meters at the SEC Outdoor Championships on May 13 ... Clocked a new personal-best time of 22.84 in the 200-meter prelims at the SEC meet ... Led the Lady Tigers to Championship of America titles in both the 4x100-meter relay the sprint medley relay at the prestigious 113th Penn Relays ... Ran one of the 200-meter legs on the sprint medley foursome that clocked the eighth-fastest time in school history at 3:47.09 ... Competed in the 60 meters and 200 meters during the indoor season ... Made her first career appearance in both events at the NCAA Indoor Championships in Fayetteville, Ark. ... Placed 16th in the 60 meters and 14th in the 200 meters at the indoor national meet ... Seasonal-best time of 23.38 in the 200-meter prelims at the NCAA meet was also a personal best ... Recorded a personal-best time of 7.29 in the 60-meter dash at the LSU NCAA Indoor Qualifier to move her into a tie for seventh on the school's all-time indoor performance list ... Followed the collegiate season by competing in the 2007 Pan American Junior Championships in Sao Paulo, Brazil ... Won a pair of bronze medals for her native Jamaica in the 200 meters and 4x400-meter relay ... Also placed fifth in the 100-meter dash at the Pan Am Juniors ... Captured 100-meter and 200-meter titles in the Under-20 division at the Jamaican National Junior Championships ... Clocked back-to-back personal bests of 11.44 in the semifinal and 11.21 in the final to win gold in the 100 ... Was named to the SEC Freshman Academic Honor Roll for her outstanding performance in the classroom in 2007.

PRIOR TO LSU

Competed on the track for head coach Lloyd Clarke at The Queen's School for Girls ... Represented her country at the 2006 Carifta Games in Guadeloupe ... Earned a runner-up finish in the Under-20 100-meter final at the Carifta Games in with a time of 11.68 ... Won a silver medal in the 100 meters at the 2003 World Youth Games in Quebec, Canada.

PERSONAL

Full name is Samantha Sashana Henry ... Born on Sept. 25, 1988 ... Daughter of Allan Henry and Rebecca Thomas ... Has two older siblings: Donna Wedderburn and Leon Henry ... Majoring in accounting.



Jenna Henssler

Fr./Fr. - 5-10 - Slidell, La.
Northshore HS
Major: Biology
Events: Distance

PRIOR TO LSU

Finished her high school career with a personal best of 19:10 in the three mile ... Finished sixth at the state cross country meet during her senior season ... Named the Most Outstanding Performer of her high school team.

PERSONAL

Full name is Jenna Marie Henssler ... Born on April 30, 1990 ... Has four siblings: Tess, Hans, Shelby and Dane ... Graduated in the top 5 percent of her high school class ... Majoring in biology.



Elizabeth Hingle

Fr./Fr. - 5-1 - Belle Chasse, La.
Belle Chasse HS
Major: Environmental Engineering
Events: Distance

PRIOR TO LSU

Finished her high school career with personal bests of 12:45 in the two mile and 20:35 in the three mile ... Was a state qualifier on the track in 2005, 2007 and 2008 ... Finished in the Top 10 at the state cross country meet in 2006 ... Was an all-district performer and the All-West Bank Athlete of the Year in 2006 and 2007 ... Helped her track team win the regional championship in 2005 ... Also played volleyball and golf during her high school career.

PERSONAL

Full name is Elizabeth Claire Hingle ... Born on March 20, 1990 ... Daughter of Mark and Karen Hingle ... Has an older brother, Gregory, and a younger sister, Anne ... Parents are graduates of LSU ... Majoring in environmental engineering.



Allison Horner

Fr./Fr. - 5-6 - Marietta, Ga.
Lovett HS
Major: Undecided
Events: WT (54-6 1/2), HT (194-1)

PRIOR TO LSU

One of the top hammer throw prospects to come out of the high school ranks ... Wrapped up her career at Lovett High School as a 13-time high school All-American ... Was the nation's top-ranked high school hammer thrower for the Class of 2008 with a seasonal best and personal-best mark of 194 feet, 1 inch ... Her performance also ranks No. 2 all-time by a high school girl in the United States ... Finished the 2007 season with the nation's top mark at 177-9 ... Won the hammer throw title at the 2007 Nike Outdoor Nationals with a mark of 166-11 to finish nearly nine feet ahead of her nearest competitor ... Was also the intermediate girl's hammer throw champion at the 2005 USATF Junior Olympic Track and Field Championships in Indianapolis, Ind. ... Won Region 6-2A and Class 2A state titles in the shot put at Lovett High School during the 2007 season.

PERSONAL

Full name is Allison Paige Horner ... Born on Sept. 28, 1989 ... Daughter of Drew and Jane Horner ... Has an older brother named Andrew ... A standout in the classroom as a member of the National Honor Society and Cum Laude Society at Lovett High School ... Undecided on what major to pursue at LSU.



Tenaya Jones

So./So. - 5-4 - Dallas, Texas
Lancaster HS
Major: Kinesiology
Events: 60H (8.30), 100H (13.43w/13.62)

2008

Proved to be one of the top freshman hurdlers in the country in 2008 ... Was an NCAA Regional qualifier during her rookie season ... Was the 12th-place finisher in the 100-meter hurdles at the NCAA Midwest Regional Championships in Fayetteville, Ark. ... Clocked a personal best wind-aided time of 13.43 seconds at the regional meet ... Set a personal best wind-legal time of 13.62 at the LSU Alumni Gold on April 19 ... Ran the leadoff leg on the Lady Tigers' shuttle hurdle relay team that won the Championship of America title at the 114th Penn Relays in record-setting fashion ... Teamed with Angel Boyd, Jessica Ohanaja and Nickiesha Wilson to set a new collegiate record in the event with a time of 52.77, eclipsing the previous record of 52.85 set by Illinois in 2001 ... Finished 10th in the 100-meter hurdles at the SEC Outdoor Championships ... Helped lead the Lady Tigers to the team title at the SEC Indoor Championships by finishing third in the 60-meter hurdles en route to a 1-2-3 LSU sweep in the event ... Her time of 8.30 in the final at the indoor conference meet was the fastest time recorded by a freshman in 2008 and is the 10th-fastest time recorded in the history of the LSU track and field program ... Competed in a total of 16 meets during her freshman season.

PRIOR TO LSU

Wrapped up an outstanding high school career in 2007 by successfully defending her state title in the 100-meter hurdles with a time of 13.85 seconds in the final ... Her performance helped Lancaster High School win its seventh straight Class 4A state championship at the state meet in Austin, Texas ... Signed with LSU after winning three gold medals at the state meet in the spring of 2006 ... Won state championships in the 100-meter hurdles, the 4x100-meter relay and the 4x200-meter relay as a junior ... Clocked a personal-best time of 13.65 in the 100 hurdles during her junior season to rank among the Top 10 high school performers in the nation for the 2006 season ... Coached at the high school level by Beverly Humphrey.

PERSONAL

Full name is Tenaya Monet Jones ... Born on March 22, 1989 ... Parents are Warren and Teresa Jones ... Has one younger sibling, Travia ... Majoring in kinesiology.



Brianna Kennedy

Fr./Fr. - 5-8 - Wilmington, Del.
Caravel Academy
Major: Kinesiology
Events: Discus (149-3), Javelin (150-0)

PRIOR TO LSU

One of the nation's top throws prospects for the Class of 2008 ... Comes to LSU with personal bests of 149-3 in the discus and 150-0 in the javelin ... Wrapped up her high school career at Caravel Academy as a 16-time Junior Olympic All-American and a two-time high school All-American ... Set her personal best in the javelin with a silver-medal-winning performance at the Nike Outdoor Nationals in 2006 ... Her personal best in the javelin ranked No. 8 in the United States by a high school girl in 2006 ... Followed by winning another silver medal in the event at the Nike Outdoor Nationals in 2007 ... Set a meet record of 146-5 in winning the young women's javelin title at the 2007 USATF National Junior Olympic Track and Field Championships in Walnut, Calif. ... Also won the Junior Olympic title in the young women's discus in 2007 with her personal best of 149-3 ... Won a total of eight state titles in the discus and shot put during her high school career ... Is the Delaware high school state record holder in both the shot put and discus.

PERSONAL

Full name is Brianna Maria Kennedy ... Born on Feb. 24, 1990 ... Parents are Robert and Catherine Kennedy ... Father played college football at the University of Delaware ... Has one younger brother, Bobby, and one younger sister, Gabrielle ... A standout in the classroom, was named to the Honor Roll for each semester at Caravel Academy ... Was also a member of the National Honor Society ... Will pursue a degree in kinesiology at LSU.



Rachel Laurent

Fr./Fr. - 5-6 - Houma, La.
Vandebilt Catholic HS
Major: Marketing
Event: PV (IN: 13-9 1/4; OUT: 14-0)

2008 World Junior Championships (4th Place)
2008 USA Junior Champion

INTRO

THIS IS LSU

PREVIEW

COACHES

ATHLETES

REVIEW

HISTORY

RECORDS

PRIOR TO LSU

One of the most prolific pole vaulters in the history of high school track and field in the United States ... Was the nation's top-ranked pole vaulter for the Class of 2008 during her senior season ... Ranks No. 2 all-time among high school girls in the history of the sport with a personal-best clearance of 14 feet at the Nollie Arcement Relays during the outdoor season of her senior year ... Was featured in Sports Illustrated's "Faces In The Crowd" in its publication released May 2, 2008, for her record-setting performance ... Was the fourth-place finisher in the pole vault at the 2008 IAAF World Junior Championships in Bydgoszcz, Poland ... Cleared a height of 13-II 1/4 at the World Junior Championships before fouling out of the competition with the bar resting at 14-1 1/4 ... Earned the right to represent her country at the World Junior Championships by winning a gold medal at the USA Junior Championships in Columbus, Ohio, with a meet-record clearance of 13-10 ... Also dominated the competition during the indoor season of her senior year as she swept pole vault titles at the Nike Indoor Nationals in Washington, D.C., and the National Scholastic Indoor Championships in New York ... Successfully defended her title after also winning the pole vault at the Nike Indoor Nationals in 2007 ... Her indoor personal best of 13-9 1/4 set at the state meet in 2008 ranks No. 4 all-time indoors by a high school girl in the United States ... A six-time indoor and outdoor state champion in Louisiana, she won back-to-back Louisiana Gatorade Track and Field Athlete of the Year awards in 2006 and 2007 ... Was named a three-time Track and Field News All-American and a three-time American Track and Field All-American from 2006-08 ... Was also a member of the Girls All-USA Track and Field Team by USA Today in 2007.

PERSONAL

Full name is Rachel Anne Laurent ... Born on Sept. 21, 1989 ... Daughter of Charlie and Paula Laurent ... Both parents attended LSU ... Has two siblings: Amber and Nicholas ... Was an outstanding student at Vandebilt Catholic High School in Houma, where she was a member of the Honor Roll and National Honor Society ... Plans to pursue a degree in marketing at LSU.

**Andrea Linton**

Sr./Gr. - 5-9 - Spanish Town, Jamaica
St. Jago HS
Major: Journalism
Events: LJ (IN: 20-10; OUT: 20-10 1/2), TJ (IN: 44-6 1/4; OUT: 44-1 1/4)

3-time All-American
2-time SEC Champion
2-time All-SEC

2008

A standout jumper for the Lady Tigers once again in 2008 ... Earned All-America honors during the indoor season with a seventh-place finish in the long jump at the NCAA Indoor Championships in Fayetteville, Ark. ... Was the first time in her career to receive All-America recognition in the long jump ... Was also an NCAA Championships participant in the triple jump during both the indoor and outdoor seasons ... Just missed earning her third career All-America honor in the triple jump during the indoor season as she finished ninth in the event at the national meet with a jump of 43 feet, 7 inches ... Finished 21st in the triple jump at the NCAA Outdoor Championships after battling injuries for much of the outdoor season ... Won her second career SEC title in the triple jump with a first-place finish at the SEC Indoor Championships ... Her winning leap of 44-6 1/4 at the conference meet was a new overall personal best and the fourth-best jump in the history of the LSU women's track and field program ... Also finished third in the long jump at the SEC Indoor meet with an indoor personal best of 20-10 to move into the No. 9 spot on the school's all-time indoor performance list ... Scored a total of 16 points at the SEC Indoor Championships to help lead LSU to its first team title at the meet since 1999 ... Finished fourth in the triple jump (41-8 1/2) and eighth in the long jump (19-2 1/2) at the SEC Outdoor Championships ... Her six points helped the Lady Tigers to a sweep of the SEC Indoor and Outdoor titles in 2008 with a victory at the outdoor conference meet for the second straight season ... Punched her ticket to the NCAA Outdoor Track and Field Championships with a second-place finish in the triple jump at the NCAA Mideast Regional Championships ... Recorded a wind-aided mark of 44-5 1/4 at the regional meet ... Competed in a total of 10 meets for the Lady Tigers in 2008.

2007

Earned her second career All-America honor in the triple jump at the NCAA Outdoor Track and Field Championships as she finished fifth in the competition with a mark of 43-10 1/2 ... Qualified for the final with the seventh-best preliminary jump at 43-3 1/2 ... Received an automatic berth into the NCAA Championships with a fifth-place finish in the event at the NCAA Mideast Regional Championships ... Helped the Lady Tigers capture their first SEC Outdoor title since 1996 by winning her first career SEC title in the triple jump at the SEC Outdoor Championships ... Recorded a new personal best and the No. 4 jump in school history at 44-1 1/4 ... Won triple jump titles at both the LSU Tiger Classic (42-1 1/4) and Sun Angel Classic (42-5 1/4) during the outdoor season ... Also competed in the long jump at the NCAA Outdoor Championships, finishing the event in 21st place ... Finished fifth in the event at the NCAA Mideast Regional ... Posted an outdoor seasonal-best mark of 20-8 1/2 in the long jump at the LSU Alumni Gold ... Also competed in the triple jump at the NCAA Indoor Championships during the indoor season ... Just missed earning All-America honors as she finished ninth with a jump of 42-6 1/4 ... Secured her spot at the indoor national meet with a first-place finish at the LSU NCAA Indoor Qualifier where she recorded a new indoor personal best of 43-4 1/4 ... Placed third in the event at the SEC Indoor Championships in February ... Won the triple jump title in the season opener at the Purple Tiger Classic (40-II 3/4) ... Took second at the Lobo Invitational (41-3 3/4) and Bayou Bengal Invitational (40-3 1/4) ... Tied for 10th place in the long jump at the indoor conference meet ... Posted an indoor seasonal-best mark of 19-II in the long jump at the LSU NCAA Indoor Qualifier ... Was also a standout off the track as she was named to the 2007 SEC Academic Honor Roll following the season.

2006

One of the Lady Tigers' top jumpers throughout the 2006 season ... Earned her first career All-America honor in the triple jump at the NCAA Outdoor Championships with a wind-aided leap of

44-4 3/4 to finish the meet in fifth place ... Qualified for the finals at the NCAA Championships with a personal-best leap of 42-10 3/4 ... Punched her ticket to Sacramento by finishing sixth in the triple jump at the NCAA Mideast Regional (41-10) ... Also competed in the long jump at the NCAA Championships, finishing the meet in 26th place ... Earned a runner-up finish in the event at the NCAA Mideast Regional with a personal-best leap of 20-10 1/2 ... Finished sixth in the triple jump (41-10 1/2) and 10th in the long jump (19-6 1/4) at the SEC Outdoor Championships ... Took first place in the triple jump at both the Tiger Classic (42-II 1/2w) and LSU Alumni Gold (42-8) during the outdoor season ... During the indoor season, finished sixth in the triple jump (41-5) and eighth in the long jump (19-8 1/4) at the SEC Championships ... Took first place in each event at the LSU Invitational with distances of 20-3 in the long jump and 42-6 1/4 in the triple jump.

2005

Improved on her personal best in the triple jump by nearly a foot, jumping 41-10 3/4 to finish third at the SEC Outdoor Championships ... Qualified to the NCAA Championship in the event ... Finished 25th with a leap of 40-7 ... Jumped 42-3 1/4 at the LSU Alumni Gold, but the wind reading was determined to be over the NCAA allowable limits ... Recorded a leap 41-7 1/4 to place sixth at the NCAA Mideast Regional ... Also competed in the long jump during the outdoor season ... Top wind-legal jump was a 19-0 1/2 effort at the SEC Championships ... Recorded a distance of 19-4 1/4 at the Bulldog Invitational, but the wind reading was over the NCAA allowable limits ... Did not compete during the indoor season.

PRIOR TO LSU

Attended St. Jago High School in Spanish Town, Jamaica ... Came to LSU with PRs of 19-2 1/2 in the long jump and 40-II 3/4 in the triple jump.

PERSONAL

Full name is Andrea Cassandra Linton ... Born Sept. 10, 1984 ... Daughter of Clive and Jasmin Linton ... Has two brother, Lionel and Omar, and a sister, Shallia ... Majoring in journalism.

**Anna Lyons**

Jr./Sr. - 5-7 - Ruston, La.
Ruston HS
Major: Kinesiology
Event: Javelin (158-8)

2008

Was an NCAA Regional participant in the javelin for the third-straight season ... Just missed qualifying for the NCAA Outdoor Championships for the first time in her career with a sixth-place finish at the NCAA Mideast Regional Championships in Fayetteville, Ark. ... Recorded a throw of 152 feet at the regional meet ... Helped the Lady Tigers win their second-straight team title at the SEC Outdoor Championships with a fourth-place finish in her specialty ... Let loose a throw of 154-2 to earn her best career finish at the conference meet ... Set a new personal best in the javelin with a throw of 158-8 to win the event title at the LSU Tiger Relays ... Her seasonal-best throw moved her into the No. 5 spot on the school's all-time performance list in the event ... Also threw the javelin at the Willie Williams Classic (149-6), Texas Relays (147-10), LSU Alumni Gold (152-7) and Penn Relays (137-5) ... Did not compete during the indoor season.

2007

Was a participant in the javelin at the NCAA Mideast Regional Championships for the second time in her career ... Finished 11th at the regional meet with a throw of 143-3 ... Contributed to the Lady Tigers' title run at the SEC Outdoor Championships by placing fifth in the javelin with a regional qualifying mark of 148-8 ... Won the javelin title at the LSU Tiger Classic (146-9) ... Posted a seasonal-best mark of 151-II in a third-place performance at the Sun Angel Classic ... Also competed at the Louisiana Classics, LSU Tiger Relays and LSU Alumni Gold ... Threw the shot put in one meet during the indoor season ... Placed third at the LSU NCAA Indoor Qualifier with a throw of 29-4 1/4 ... Proved to be a leader in the classroom as she was named to the SEC Academic Honor Roll and an ESPN The Magazine Academic All-District VI Second-Team in 2007 ... Carried a perfect 4.0 grade-point average in human movement through the spring semester.

2006

Was an NCAA Mideast Regional participant in the javelin in just her first season competing with the Lady Tigers ... Posted a regional qualifying mark and a new personal best in the event with a distance of 155-0 to take first place at the Tiger Classic on April 1 ... Finished in 21st place at the NCAA Mideast Regional ... Also posted a regional qualifying mark of 151-4 in the first meet of her LSU career to finish third at the Louisiana Classics ... Earned a seventh-place finish at the SEC Championships with a heave of 135-1 ... Finished sixth at both the LSU Tiger Relays (145-II) and Miami Elite Invitational (135-7), seventh at the Penn Relays (141-7) and ninth at the Texas Relays (138-4) ... Did not compete during the indoor season.

PRIOR TO LSU

Four-year letterwinner in track and field for coach Dave Anderson at Ruston High School in Ruston, La. ... A two-time Louisiana 5A state champion in the javelin (2004-05), she earned runner-up honors in 2003 ... Won the 2005 regional title in the event with a personal-best throw of 142-6 ... Won four straight district titles in the javelin (2002-05) ... Was voted an all-state selection in the javelin as a senior ... Was also a four-year letterwinner in basketball as a prep ... A standout in the classroom, she was a member of the National Honor Roll on two occasions, won the Lincoln Parish Academic Award four times and was a Wendy's High School Heisman nominee ... Was also given the LSU Centennial Award and the Buddy Blair Scholar-Athlete Award ... The recipient of the Robert C. Byrd Scholarship, she was also named a Louisiana Board of Regents Scholar.

PERSONAL

Full name is Anna Elizabeth Lyons ... Born on Nov. 11, 1986 ... Daughter of Pat and Beth Lyons ... Father, Pat, played football at LSU ... Has an older brother, Jonathan, and a younger sister, Mary Glenn ... Majoring in kinesiology.



Danielle Martin

Fr./Fr. - 5-8 - Chalmette, La.
Chalmette HS
Major: Architecture
Event: Discus (125-10)

2008

Received a redshirt during the 2008 season ... Will compete as a redshirt freshman for the Lady Tigers in 2009.

PRIOR TO LSU

Was the top discus thrower in the state of Louisiana for the Class of 2007 ... Set a new school record at Chalmette High School with a seasonal best and personal-best throw of 125 feet, 10 inches during the outdoor season in 2007 ... Won the Class 4A state title in the event at the 2007 LHSAA Outdoor Track and Field Championships at the Bernie Moore Track Stadium ... Won the most single event titles of any performer in the state in 2007 with 13 ... Helped lead her high school team to its first ever district championship as a senior ... Earned back-to-back Chalmette High School and St. Bernard Athlete of the Year awards in 2006 and 2007.

PERSONAL

Full name is Danielle Frances Martin ... Born on May 13, 1989 ... Parents are Dean and Michelle Martin ... Has an older brother, Dean, and a younger sister, Dana ... Pursuing a degree in architecture.



Melissa Ogbourne

So./So. - 5-10 - St. Catherine, Jamaica
St. Jago HS
Major: Mass Communication
Events: LJ (IN: 19-11 3/4; OUT: 19-6), TJ (IN: 39-10 3/4; OUT: 41-10 3/4)

2008

Proved to be one of the premier young jumps prospects in the Southeastern Conference with her performance in 2008 ... Earned three Freshman All-SEC honors as the highest freshman finisher in her respective events at the conference meet ... Was a Freshman All-SEC performer in both the long jump and triple jump at the SEC Indoor Championships ... Finished seventh in the long jump at the indoor conference meet with a new overall personal-best mark of 19 feet, 11 3/4 inches ... Contributed two points to the Lady Tigers' final total as they won their first SEC Indoor team title since 1999 ... Placed 10th in the triple jump at the SEC Indoor meet with a new indoor personal best of 39-10 3/4 ... Continued to perform well at the conference level during the outdoor season as she finished seventh in both the long jump (19-5 1/2) and triple jump (40-11w) at the SEC Outdoor Championships ... Her finish in the triple jump was good enough for Freshman All-SEC recognition ... Scored four points for the Lady Tigers as they won the team title at the outdoor conference meet ... Qualified for the NCAA Midwest Regional Championships in the triple jump, finishing the meet in seventh place with a mark of 41-8 ... Won the long jump title at the Willie Williams Classic (19-6) and the triple jump title at both the LSU Tiger Relays (40-0) and Tiger Invitational (40-6) during the outdoor season ... Set a new overall personal best in the triple jump after the collegiate season with a mark of 41-10 3/4 to finish fourth at the Jamaican Olympic Trials ... Competed in a total of 12 meets during her freshman season.

PRIOR TO LSU

A product of one of Jamaica's premier high school track and field programs at St. Jago High School ... One of the top jumps prospects to come out of her native Jamaica for the 2007 signing class ... Joined the Lady Tigers with overall personal bests of 19-3 1/4 in the long jump and 41-5 3/4 in the triple jump ... Won a silver medal in the long jump and a bronze medal in the triple jump at the Jamaica Boy's and Girl's Championships as a high school senior.

PERSONAL

Full name is Melissa Rumona Ogbourne ... Born on Jan. 23, 1988 ... Parents are Dawnlyn Walters and Calvin Ogbourne ... Pursuing a degree in mass communication.



Katelin Palermo

Fr./Fr. - 5-8 - Clinton, La.
Silliman Institute
Major: Biology
Event: High Jump

PRIOR TO LSU

Led her high school track and field team to five state championships during her career ... Was the state champion in the high jump as an eighth-grader ... Earned runner-up honors in the event as a senior ... Also won state titles in the 200 meters and 400 meters as a senior ... Anchored Silliman's sprint relay teams to a first-place finish in the 4x200, as well as runner-up finishes in the 4x100 and 4x400 at the state meet during her senior season ... Ran on the 4x100-meter relay team that set a state record in 2007 ... Also played basketball, softball and ran cross country in high school.

PERSONAL

Full name is Katelin Palermo ... Born on Aug. 8, 1990 ... Parents are Darren and Toni Palermo ... Has a younger sister, Allie, and a younger brother, Jason ... Mother and father are graduates of LSU ... Majoring in biology.



Christina Porter

Sr./Sr. - 5-4 - Fredricksburg, Va.
Colonial Forge HS/SCAD
Major: Graphic Design
Events: 1,500M (5:04.77), 3,000M (10:57.85), 5,000M (IN: 18:41.18; OUT: 18:27.80)

2008

Competed in a total of eight meets in 2008 as one of the Lady Tigers' top distance runners ... Set three personal bests during her junior season ... Recorded a personal best of 10 minutes, 57.85 seconds in the 3,000 meters to place third at the LSU Twilight during the indoor season ... Went on to place 28th in the 5,000 meters at the SEC Indoor Championships with a personal-best time of 18:41.18 ... Her seasonal-best time in the 5,000 meters ranks No. 9 on LSU's all-time indoor performance list ... Also set an outdoor personal best in the 5k with a time of 18:27.80 to finish fifth at the LSU Alumni Gold.

2007

Ran the 3,000 meters during the indoor season ... Clocked a new personal best of 11:11.97 at the Bayou Bengal Invitational ... Also competed in the event at the Purple Tiger Classic (11:38.75) ... Ran the mile at the LSU NCAA Indoor Qualifier, finishing sixth with a time of 5:35.04 ... Lined up in the 1,500 meters and 5,000 meters during the outdoor season ... Crossed the finish line with a new personal best of 5:04.77 in the 1,500 meters at the LSU Tiger Classic ... Also recorded a new personal best of 19:08.29 in the 5,000 meters at the LSU Alumni Gold ... Competed in both events at the LSU Tiger Relays ... Posted a time of 5:11.71 in the 1,500 meters and a time of 19:29.88 in the 5,000 meters ... Was one of 30 LSU track and field athletes to be named to the SEC Academic Honor Roll following the 2007 season.

PRIOR TO LSU

Ran cross country for head coach Gabi Hauck at the Savannah College of Art and Design during her freshman season ... Team placed 12th at the NIAA National Cross Country Championships in 2005 ... Lettered four years in cross country and track and field under head coach Tori Helmer at Colonial Forge High School ... Was her school's nominee for the Wendy's Heisman Award during her senior season ... Named Senior Girl's Athlete of the Year of her high school ... Earned three all-region, all-area and all-district selections in cross country during her high school career ... Also earned three all-district honors on the track ... Was the Free Lance All-Area Athlete of the Year as a senior ... Was also a two-time all-district performer on the soccer field for head coach Lauren Henn.

PERSONAL

Born on Sept. 30, 1985 ... Daughter of Michael and Debra Porter ... Has three siblings: Michael, Daniel and Thomas ... Graduated Summa Cum Laude from Colonial Forge High School ... Pursuing a degree in graphic design.



Katelyn Rodrigue

Jr./Jr. - 5-0 - New Orleans, La.
Dominican HS
Major: Communication Disorders
Event: PV (IN: 13-6 1/2; OUT: 13-7 1/4)

All-SEC

2008

Followed a brilliant freshman season with an even better sophomore campaign as she continued to set records in the pole vault for the Lady Tigers ... Competed for the Lady Tigers at both the NCAA Indoor and Outdoor Championships in 2008 ... Is the only Lady Tiger to compete in both national meets in the same season ... Finished 17th in the pole vault at the NCAA Indoor Championships with a clearance of 12 feet, 9 1/2 inches ... Tied for 23rd in the event at the NCAA Outdoor Championships with the same mark ... Received an at-large bid into the NCAA Outdoor meet following a ninth-place finish at the NCAA Midwest Regional Championships (12-11 3/4) ... Became the first Lady Tiger to earn All-SEC honors in the pole vault with a runner-up finish at the SEC Outdoor Championships (13-4 1/2) ... Her eight points helped the Lady Tigers win their second straight team championship at the SEC Outdoor meet ... Also became the first Lady Tiger to win the pole vault title at the prestigious Penn Relays, breaking her own school record in the event with a clearance of 13-7 1/4 ... Just missed earning all-conference honors during the indoor

INTRO

THIS IS LSU

PREVIEW

COACHES

ATHLETES

REVIEW

HISTORY

RECORDS

season with a third-place finish in the pole vault at the SEC Indoor Championships ... Scored six points to help LSU win its first SEC Indoor title since 1999 ... Broke her own indoor school record three times in 2008 with her seasonal best of 13-6 1/2 coming in a winning performance at the LSU Twilight Invitational ... Also won event titles at the Bayou Bengal Invitational (13-1 1/2) and LSU NCAA Indoor Qualifier (13-3 1/2) during the indoor season and the LSU Tiger Relays (13-1 1/2) during the outdoor season ... Competed in a total of 17 meets for the Lady Tigers in 2008.

2007

Enjoyed a record-setting freshman season for the Lady Tigers in 2007 ... Shattered LSU's school records in the pole vault during both the indoor and outdoor seasons ... Eclipsed the previous indoor mark by more than one foot with a seasonal-best clearance of 12-10 3/4 ... Was the first ever Lady Tiger to clear 13 feet in the pole vault as she established a new outdoor school record of 13-3 3/4 ... Became the first Lady Tiger in the program's storied history to compete in the event at the NCAA Outdoor Track and Field Championships ... Finished in a tie for 10th place at the national meet after clearing a height of 13-3 1/2 in the final ... Automatically qualified for the NCAA meet with a second-place finish at the NCAA Midwest Regional Championships ... Established the current outdoor school record with a 13-3 3/4 clearance at the regional meet ... Posted a total of six NCAA regional qualifying marks during the outdoor season ... Also became the first Lady Tiger in program history to score points in the pole vault at the conference meet as she placed fourth at both the SEC Indoor and Outdoor Championships ... Helped LSU win its first SEC Outdoor title since the 1996 season with her performance ... Earned a third-place finish at the prestigious I3th Penn Relays where she became the first Lady Tiger to clear 13 feet with a mark of 13-1 1/2 ... Broke the indoor school record three times and the outdoor school record four times ... Won pole vault titles at the Lobo Invitational (12-5 1/2) and the LSU NCAA Indoor Qualifier (12-5 1/2) during the indoor season ... Won titles at the LSU Tiger Relays (12-5 1/2) and the LSU Tiger Classic (12-9 1/2) during the outdoor season ... Followed the collegiate season by competing in the event at the USA Junior Outdoor Track and Field Championships ... Was named to the SEC Freshman Academic Honor Roll for her outstanding performance in the classroom.

PRIOR TO LSU

Arguably the state's top recruit in the pole vault for the Class of 2006 ... Came to LSU with a PR of 12-6 in the event ... Earned four letters while competing for head coach John Mayer at Dominican High School in New Orleans ... Capped her high school career in 2006 with a stellar senior season unmatched by any other pole vaulter in the state ... Took top honors at the 2006 AAU Junior Olympics in August with a height of 12-2 ... Earned a runner-up finish at the 2006 Nike Outdoor Nationals with a vault of 12-4 3/4 ... Won a pair of state titles in the event during the indoor and outdoor seasons ... Took first place at the 2006 Division I Indoor State Championships with a vault of 12-4 ... Also took first place at the 2006 Class 5A Outdoor State Championships with a mark of 11-10 ... Captured the Region 3-5A (12-0) and District 8-5A (12-3) titles during the outdoor season ... Was named the Sugar Bowl Outstanding Field Athlete of the Year in 2006 ... Also on outdoor regional and state titles during her junior season.

PERSONAL

Full name is Katelyn Danielle Rodrigue ... Born on Jan. 29, 1988 ... Parents are Brian and Kathy Rodrigue ... Has a brother, Brian, and a sister, Casey ... Member of the National Honor Society throughout her four years of high school ... Received the Presidential Service Award at her high school in 2005 and 2006 ... Was named the Outstanding Youth of St. Charles Borromeo Church in 2006 ... Majoring in communication disorders.

**Lauren Saucier**

So./So. - 5-3 - Gonzales, La.
St. Amant HS
Major: Kinesiology
Event: PV (IN: 11-9; OUT: 11-1 3/4)

2008

Competed in eight meets for the Lady Tigers as a freshman in 2008 ... Set a new indoor personal best of 11 feet, 9 inches in the pole vault at the LSU Twilight Invitational ... Also competed in the Purple Tiger Classic (10-6), Bayou Bengal Invitational (11-3 3/4) and LSU NCAA Indoor Qualifier (NH) during the indoor season ... Established a new outdoor personal best of 11-1 3/4 at both the Willie Williams Classic and LSU Tiger Relays ... Stepped onto the pole vault runway at the LSU Alumni Gold (10-8 3/4) and Tiger Invitational (NH) during the outdoor season.

PRIOR TO LSU

One of the top pole vaulters in the state of Louisiana during her high school career ... Won a bronze medal in the event at the state championship meet as a junior and senior ... Won back-to-back district titles in her specialty in 2006 and 2007 ... Also won a regional title in the pole vault during her senior season ... Came to LSU with a personal best of 10 feet, 8 inches.

PERSONAL

Full name is Lauren Day Saucier ... Born on April 24, 1989 ... Parents are Buddy and Penny Saucier ... Has a younger brother, Steven ... Was an American Citizenship Award recipient in 2004 and 2006 ... Named to her school's honor roll in each of her four years of high school ... Was a Student of the Year nominee at St. Amant High School in 2007 ... Pursuing a degree in kinesiology.

**Katelynn Savant**

Fr./Fr. - 5-10 - Kinder, La.
Kinder HS
Major: Biology
Event: Javelin

PRIOR TO LSU

One of Louisiana's top javelin throwers for the Class of 2008 ... Won the Class 2A state title in the event as a senior ... Was a three-time recipient of the Coach's Award for track and field at Kinder High School ... Also lettered basketball and softball during her high school career.

PERSONAL

Full name is Katelynn Noel Savant ... Born on Nov. 21, 1989 ... Parents are David and Barbara Savant ... Has an older brother, Cody, and a younger brother, Clayton ... A standout in the classroom who was a member of the National Honor Society in high school ... Majoring in biology.

**Cassandra Tate**

Fr./Fr. - 5-8 - Hammond, La.
Loranger HS
Major: Undecided
Events: 100M (11.79), 200M (24.21), 100H (14.11)

PRIOR TO LSU

Dominated the sprints and hurdles at the Class 2A and 3A levels during her brilliant four-year career at Loranger High School in Hammond ... Developed into the state's top prospect in the sprint hurdles after winning eight individual state titles since 2005 ... Won state championships in the 100 meters, 200 meters and 100 hurdles at the state meet in 2007 as she was named the meet Most Outstanding Performer for Class 3A ... Followed that performance by defending her state titles in the 100 meters and 200 meters in 2008 ... Set new personal bests in the 100 meters (11.79), 200 meters (24.21) and 100 hurdles (14.11) as a senior in 2008 ... No stranger to national competition as she lined up against the nation's best at the 2007 AAU Junior Olympics where she finished 15th in the 100 hurdles and 20th in the 200 meters ... Was also among the field that competed at the AAU Junior Olympics in 2005 and 2006.

PERSONAL

Full name is Cassandra Lena Tate ... Born on Sept. 11, 1990 ... Parents are Titus and Phyllis Cochran ... Has an older sister, Lataisha, and an older brother, Adrian ... Was a four-year member of the Beta Club at Loranger High School ... Undecided on what major she will pursue at LSU.

**LaTavia Thomas**

Jr./Jr. - 5-8 - Philadelphia, Pa.
West Catholic HS
Major: Communication Studies
Events: 400M (IN: 53.99; OUT: 53.17), 800M (IN: 2:04.66; OUT: 2:03.22)

3-time NCAA Champion
5-time All-American
2-time NCAA Midwest Regional Champion
7-time SEC Champion
7-time All-SEC

2008

A true champion in every sense of the word ... Became just the fourth athlete in the history of the LSU women's track and field program to win an NCAA title in the 800-meter run with her victory at the NCAA Indoor Track and Field Championships in Fayetteville, Ark. ... Beat defending NCAA indoor champion Alyssia Johnson of California to the finish line with a time of 2 minutes, 5.07 seconds in the national final ... Added her second individual All-America honor of 2008 during the outdoor season with a runner-up finish in the 800 meters at the NCAA Outdoor Championships ... Crossed the finish line with a time of 2:04.38 at the national meet ... Swept SEC Indoor and Outdoor titles in the half mile for the second-straight season ... Clocked a time 2:06.56 to win the SEC Indoor title and a time of 2:03.39 to retain her SEC Outdoor crown ... Punched her ticket to the NCAA Championships with a runner-up finish in the 800 meters at the NCAA Midwest Regional (2:04.06) ... Set a new indoor personal best of 2:04.66 at the New Balance Collegiate Invitational and a new outdoor personal best of 2:03.22 at the LSU Alumni Gold ... Her times rank No. 4 indoors and No. 5 outdoors all-time at LSU ... Went on to compete in the 800 meters at the U.S. Olympic Trials in Eugene, Ore. ... Advanced to the final and finished in 11th place against the top 800-meter runners in the United States in her first Olympic Trials experience ... Was also an integral part of the Lady Tigers' national champion 4x400-meter relay team in 2008 ... Ran the third leg on the squad that won the NCAA Indoor title with a time of 3:31.14 ... Also ran the third leg on the foursome that finished runner-up to Penn State at the NCAA Outdoor Championships with a seasonal-best time of 3:28.33 ... Their second-place finish in the 4x400-meter relay clinched the team title at the NCAA Outdoor Championships for the Lady Tigers ... It was their first national championship since winning the NCAA Outdoor crown in 2004 ... Was a member of LSU's 4x400

- INTRO
- THIS IS LSU
- PREVIEW
- COACHES
- ATHLETES**
- REVIEW
- HISTORY
- RECORDS

relay that swept titles at the SEC Indoor Championships (3:31.89), the SEC Outdoor Championships (3:32.09) and the NCAA Midwest Regional (3:32.22) ... Was named the College Women's Athlete of the Meet for relay events with her outstanding performance at the 114th Penn Relays in her hometown of Philadelphia ... Anchored the Lady Tigers to a pair of Championship of America relay titles in both the 4x800 and sprint medley relays ... Winning time of 8:30.98 in the 4x800-meter relay at the Penn Relays ranks No. 4 all-time at LSU ... Joins a select group of Lady Tiger greats to be recognized as the meet's top women's collegiate relay runner, including Cheryl Taplin in 1994, D'Andre Hill in 1996 and Muna Lee in 2003.

2007

Established herself as one of the top young 800-meter runners in the country with her outstanding performance as a freshman in 2007 ... Won an NCAA title during the outdoor season as a member of the nation's premier 4x400-meter relay team ... Ran the third leg on the foursome that successfully defended its title at the NCAA Outdoor Track and Field Championships with the seventh-fastest time in school history at 3:28.07 ... Made her first career appearance in the 800 meters at both the NCAA Indoor and Outdoor Championships ... Just missed earning individual All-America honors as she finished 11th in the event at both meets ... Earned an automatic berth into the NCAA Outdoor Championships with a third-place finish at the NCAA Midwest Regional Championships ... Clocked a new overall personal best at the regional meet with a time of 2:03.89 in the final ... Time ranks No. 7 on the school's all-time outdoor performance list ... Earned her spot in the NCAA Indoor Championships with a provisional qualifying time of 2:05.76 at the indoor conference meet, which ranks fourth on the school's indoor list ... Became the first athlete since Florida's Tamiaka Grizzle in 2000 to sweep SEC Indoor and Outdoor titles in the 800 meters ... Also won a SEC indoor title as a member of the 4x400-meter relay team ... Ran the third leg on the foursome that clocked the third-fastest time in school history at 3:29.86 ... Finished second in the 800 meters and the Tyson Invitational (2:06.44) during the indoor season ... Placed third in the event at the New Balance Collegiate Invitational (2:07.73) ... Won the 800-meter title at the Sun Angel Classic (2:06.71) during the outdoor season ... Followed the collegiate season by winning the USA Junior title in the 800 meters at the USA Junior Outdoor Track and Field Championships in Indianapolis ... Won a gold medal in the event at the 2007 Pan American Junior Championships in Sao Paulo, Brazil ... Finished nearly one second ahead of the silver medalist with a time of 2:06.59 in the final ... Also won a gold medal for the United States at the Pan Am Juniors as the second leg of the 4x400-meter relay team that clocked the fourth-fastest junior time in world history at 3:29.67.

PRIOR TO LSU

Was the nation's top recruit in the 800 meters for the Class of 2006 ... Earned four letters while competing for head coach Tim Hicky at West Catholic High School in Philadelphia ... Ran the fastest 800-meter time in the nation in 2006 with a mark of 2:07.92 during the indoor season ... Was a two-time member of Team USA at the IAAF World Junior Championships in 2004 and 2006 ... Also represented her country at the IAAF World Youth Championships in Morocco in 2005 ... Finished her high school career as a seven-time AAU Junior Olympic champion in the 800 meters ... Won the 800-meter title at the USATF Youth Outdoor Championships in 2004 (2:08.11) and 2005 (2:09.78), while posting a runner-up finish in the event in 2006 ... Won the 800-meter title at the National Scholastic Indoor Championships in 2005 with a time of 2:07.10, a mark that was just one-half second shy of Joetta Clark's U.S. Junior record in the event ... Defended her title at the 2006 National Scholastic Indoor Championships with a time of 2:07.92 ... Named the 2004 Nike Athlete of the Year in the 800 meters after taking top honors at the U.S. Junior Nationals ... Clocked a PR of 2:06.76 in the event at the Arcadia Invitational in Arcadia, Calif., on April 8, 2004 ... Was a four-time outdoor state champion in the 800 meters during her high school career ... Led her high school team to indoor state championships in 2004, 2005 and 2006.

PERSONAL

Full name is LaTavia Vanessa Thomas ... Born on Dec. 14, 1988 ... Parents are Mark and Octavia Thomas ... Has two siblings: Tyesha and Markeeta ... Majoring in communication studies.



Kayann Thompson

Sr./Sr. - 5-6 - Clarendon, Jamaica
Lindenwood University
Major: General Studies
Event: 800M (IN: 2:07.52; OUT: 2:02.64)

SEC Champion
2-time All-SEC

2008

A standout middle distance runner who helped the Lady Tigers form one of the nation's deepest and most talented groups of 800-meter runners in 2008 ... Was an NCAA Championship qualifier in her first year in the program ... Finished in 26th place in the 800 meters at the NCAA Outdoor Championships in Des Moines, Iowa ... Recorded a time of 2 minutes, 13.67 seconds in the qualifying round at the national meet ... Received an at-large bid to compete at the NCAA Championships following a seventh-place finish at the NCAA Midwest Regional Championships (2:09.55) ... Earned all-conference honors with a second-place finish in the half mile at the SEC Outdoor Championships ... Clocked a seasonal-best time of 2:04.82 in the SEC final to move into the No. 9 spot on the school's all-time outdoor performance list in the event ... Her eight points helped the Lady Tigers win their second straight SEC Outdoor team title ... Also ran the second leg of LSU's 4x400-meter relay that won the SEC Outdoor crown with a time of 3:32.09 ... Proved to be one of the SEC's top middle distance runners during the indoor season as she finished fifth in the 800 meters at the SEC Indoor Championships, clocking a time of 2:08.45 in the final ... The Lady Tigers won the team title at the SEC Indoor meet for the first time since 1999 ... Her indoor seasonal best of 2:07.52 run at the New Balance Collegiate Invitational ranks No. 9 in school history ... Won the 800-meter title in the Olympic Development division at the Tyson Invitational during the indoor season (2:07.59) ... Ran the second leg of LSU's 4x800-meter relay team that won the clocked the fourth-fastest time in school history at 8:30.98 to win the Championship of

America title at the prestigious 114th Penn Relays ... Also ran on the foursome that blew away the competition in winning the title at the Texas Relays with a time of 8:45.04.

PRIOR TO LSU

Signed with LSU as one of the premier 800-meter recruits in the world for the Class of 2007 ... Was the first Jamaican to medal in the event at the IAAF World Junior Championships by winning bronze in Grosseto, Italy, in 2004 ... Enjoyed further success on the international stage as she was the silver medalist at the 2003 Pan American Junior Championships while also winning a pair of silver medals at the Carifta Games in 2002 and 2003 ... Also the Jamaican national junior record holder in the 800 meters after clocking a time of 2:02.64 to win a gold medal at the Jamaican National Junior Championships in 2005.

PERSONAL

Full name is Kayann Thompson ... Born on Jan. 30, 1985 ... Parents are Kennicks Thompson and Gloria Grant ... Majoring in general studies.



Mallory Thompson

Sr./Sr. - 5-6 - New Orleans, La.
Dominican HS/WSCC
Major: International Studies
Event: PV (IN: 12-0; OUT: 12-2 1/2)

2008

Set personal bests in the pole vault during both the indoor and outdoor seasons in 2008 ... Recorded an indoor-best clearance of 12 feet at the Tyson Invitational ... Cleared the 12-foot barrier three times outdoors with her seasonal best of 12-2 1/2 being recorded at the LSU Alumni Gold ... Both marks rank No. 2 on the school's all-time performance list ... Finished runner-up in the pole vault at the Bayou Bengal Invitational (11-3 3/4), LSU Twilight Invitational (11-9) and LSU NCAA Indoor Qualifier (11-9 3/4) during the indoor season ... Also earned a second-place finish at the Willie Williams Classic (11-7 3/4) to open the outdoor season ... Placed 18th in the pole vault at the SEC Indoor Championships (11-6 1/2) and 10th in the event at the SEC Outdoor Championships (12-1 1/2) ... Competed in 14 meets for the Lady Tigers in 2008.

2007

One of the team's top pole vaulters in her first season with the Lady Tigers ... Ranked third on the school's all-time outdoor performance list after clearing a height of 11-9 3/4 at the LSU Alumni Gold on April 21 ... Finished in a tie for 12th place at the SEC Outdoor Championships ... Also competed in the pole vault at the Louisiana Classics (10-11 3/4), LSU Tiger Relays (10-11 3/4), LSU Tiger Classic (11-3 3/4) and Sun Angel Classic (11-5 3/4) during the outdoor season ... During the indoor season, cleared matching heights of 10-11 3/4 at the LSU Twilight Invitational and LSU NCAA Indoor Qualifier to move into the No. 5 spot on the school's all-time list ... Also competed at the Purple Tiger Classic (10-0) and Bayou Bengal Invitational (10-2) during the indoor season.

PRIOR TO LSU

Completed for one season at Western State College of Colorado of the Rocky Mountain Athletic Conference under head coach Ryan Bailey ... Won the pole vault title at the RMAC Outdoor Track and Field Championships in 2006 with a vault of 11-0 1/4 ... Earned four letters for head coach John Mayer at Dominican High School in New Orleans ... Was a two-time runner-up in the pole vault at the Class 5A Outdoor State Championships in 2004 and 2005 ... Was also the state runner-up in the event at the Division I Indoor State Championships in 2005 ... Was the Region 3-5A and District 8-5A champion in the high jump during the outdoor season in 2005 ... Was the district and regional runner-up in the 100-meter hurdles in 2005 ... Also earned three letters in cross country and two letters in swimming and diving.

PERSONAL

Full name is Mallory Ann Thompson ... Born on Feb. 27, 1987 ... Daughter of Ben Thompson and Peggy Tobin ... Has an older brother, Robert, and an older sister, Jessica ... Sister competed in gymnastics at LSU and was a letterwinner in 2001 ... Majoring in international studies.



Lindsey Turner

Fr./Fr. - 5-2 - Lafayette, La.
St. Thomas More HS
Major: Advertising
Event: Javelin (135-3)

2008

Received a redshirt during the 2008 season ... Will compete as a redshirt freshman for the Lady Tigers in 2009.

PRIOR TO LSU

Established herself as one of the state's top javelin throwers during her career at St. Thomas More High School ... Came to LSU with a personal-best mark of 135-3 ... Won back-to-back Class 4A state titles in the javelin during her junior and senior seasons ... Won a gold medal at the AAU Junior Olympics in 2006 ... Was the Class 4A state runner-up in the event as a sophomore.

INTRO

THIS IS LSU

PREVIEW

COACHES

ATHLETES

REVIEW

HISTORY

RECORDS

PERSONAL

Full name is Lindsey Catherine Turner ... Born on Aug. 29, 1989 ... Parents are Roger and Linda Turner ... Has an older sister, Lauren ... Was a member of the homecoming court at St. Thomas More High School during her senior season ... Pursuing a degree in mass communication with a concentration in advertising.

**Devon Williams**

Jr./Jr. - 5-11 - Parkville, Md.
Winston Churchill HS/Arkansas
Major: Communication Studies
Events: 400M (54.64), 800M (2:06.48)

PRIOR TO LSU

A middle distance runner at Arkansas during her sophomore season in 2008 ... Finished 12th in the 800 meters at the SEC Outdoor Championships in Auburn, Ala. ... Competed at the University of Texas as a freshman in 2007 ... Ran the 800 meters three times during the outdoor season at Texas ... Finished 10th in the event at the Big 12 Outdoor Championships with a seasonal-best time of 2:09.54 ... Ran in two meets indoors ... Was the third-place finisher in the 600-yard run at the Big 12 Indoor Championships ... Ran the 400 meters at the Tyson Invitational, clocking a time of 57.45 ... Set an overall personal best of 2:06.48 in the indoor 800 meters during her freshman year of high school ... Time ranked No. 2 in the United States by a high school girl regardless of class in 2004 ... Competed in the event at the 2005 IAAF World Youth Championships in Morocco.

PERSONAL

Born on May 29, 1989 ... Father is Robert Williams ... Majoring in communication studies.

**Kim Williams**

Jr./Jr. - 5-7 - Douglasville, Ga.
Alexander HS
Major: Kinesiology
Events: WT (56-1 3/4), HT (194-2)

2008

Proved to be LSU's top thrower during the 2008 season ... Was an NCAA Regional participant in the hammer throw for the second-straight season ... Finished 16th in the event at the NCAA Midwest Regional Championships with a throw of 177 feet, 8 inches ... Scored five points for the Lady Tigers at the SEC Outdoor Championships after unleashing a personal-best throw of 194-2 to finish fourth in the event ... Is now the No. 3 performer all-time in the hammer throw at LSU ... Won the hammer throw title at the LSU Tiger Relays (181-5) ... Finished runner-up in the event at the Willie Williams Classic (183-0) and LSU Alumni Gold (184-5) ... Also competed in the event at the prestigious Penn Relays (184-4) and Texas Relays (177-4) ... Stepped into the weight throw circle during the indoor season ... Set a new personal best of 56-1 3/4 at the LSU NCAA Indoor Qualifier to move into No. 5 spot on LSU's all-time indoor list ... Scored three points with a sixth-place finish in the weight throw at the SEC Indoor Championships ... Had a total of eight points in conference action to help lead the Lady Tigers to a sweep of SEC Indoor and SEC Outdoor titles in 2008 ... Was the second-place finisher in the weight throw at the Purple Tiger Classic (54-10 3/4), LSU Twilight Invitational (55-5 3/4) and LSU NCAA Indoor Qualifier during the indoor season ... Competed in a total of 16 meets for the Lady Tigers in 2008.

2007

Was a participant in the hammer throw at the NCAA Midwest Regional Championships during her freshman season ... Finished 15th in the event at the regional meet after recording a throw of 180-8 ... Contributed to the Lady Tigers' first outdoor conference title since 1996 as she placed seventh in the hammer at the SEC Outdoor Championships ... Won hammer throw titles at both the LSU Tiger Relays (174-8) and the LSU Tiger Classic (182-9) ... Her mark at the LSU Tiger Classic was a new personal best and the fourth-best throw in school history ... Also qualified her for the NCAA Midwest Regional ... Finished fourth in the event at the 113th Penn Relays (176-2) ... Competed in the weight throw during the indoor season ... Won event titles at the LSU Twilight Invitational (49-11 1/4) and the LSU NCAA Indoor Qualifier (49-3 1/2) ... Recorded a seasonal-best throw of 50-6 1/4 at the Tyson Invitational.

PRIOR TO LSU

One of the most decorated throwers for the Class of 2006 ... Earned four letters in track and field under head coach Brian Robinson at Alexander High School in Douglasville, Ga. ... Finished her high school career as a four-time All-American while competing in the hammer throw and weight throw ... Ranked No. 1 in the country in the hammer throw as a junior in 2005 ... Ranked No. 2 in the country in the weight throw that same year ... Captured the weight throw title at the 2005 National Scholastic Indoor Championships with a personal-best heave of 56-1 3/4 ... Took sixth place in the hammer throw at the 2005 USATF Junior National Championships with a personal-best throw of 173-0.

PERSONAL

Full name is Kimberly Ann Williams ... Born on Oct. 10, 1987 ... Daughter of Randy and Sandy Williams ... Has an older brother, Jason, and an older sister, Jennifer ... Was a cheerleader for four years at Alexander High School ... Majoring in kinesiology.

**Kenyanna Wilson**

So./So. - 5-4 - Glendale, Ariz.
Peoria HS
Major: Psychology
Events: 60M (7.38), 100M (11.31w/11.37), 200M (IN: 24.23; OUT: 23.76)

All-American

2008

Showed her potential with an outstanding freshman campaign for the Lady Tigers in 2008 ... Earned All-America honors during the outdoor season by running the leadoff leg on LSU's 4x100-meter relay team that finished runner-up at the NCAA Outdoor Championships in Des Moines, Iowa ... Teamed with Samantha Henry, Brooklynn Morris and Kelly Baptiste to clock a time of 42.85 and help the Lady Tigers win their first national championship since 2004 ... Also participated in the 100-meter dash at the NCAA Championships in just her first season at the collegiate level ... Placed 18th in the event at the national meet with a time of 11.93 in the qualifying round ... Punched her ticket to the national meet with a fifth-place finish in the 100 meters at the NCAA Midwest Regional Championships ... Her wind-aided time of 11.31 at the regional meet was a seasonal best ... Clocking a seasonal best wind-legal time of 11.42 to finish third at the Tiger Invitational on April 12 ... Scored one point for the Lady Tigers at the SEC Outdoor Championships with an eighth-place finish in the 100 meters (11.55) ... Contributed to LSU's second straight team championship at the SEC Outdoor meet ... Won the 100-meter title at the LSU Tiger Relays (11.54) ... Also ran the 200 meters during the outdoor season ... Was the 16th-place finisher in the event at the SEC meet ... Clocking a seasonal best and new personal best of 23.76 at the LSU Alumni Gold ... Competed in the 60 meters and 200 meters during the indoor season ... Placed 10th in the 60 meters and 16th in the 200 meters at the SEC Indoor Championships ... Won the 60-meter title at the Bayou Bengal Invitational (7.42) and LSU NCAA Indoor Qualifier (7.41) ... Qualified provisionally for the NCAA Indoor Championships in the 60-meter dash with a seasonal best and personal-best time of 7.38 at the New Balance Collegiate Invitational ... Competed in a total of 17 meets for the Lady Tigers during her freshman season.

PRIOR TO LSU

Signed with LSU as one of the nation's elite performers in the 100 meters with a personal-best time of 11.37 seconds ... Her personal-best time in the event was the fourth-fastest time clocked by a high school athlete in 2006 ... Followed her senior season at Peoria High School by leading the United States to a gold medal in the 4x100-meter relay at the 2007 Pan American Junior Championships in Sao Paulo, Brazil ... Ran the leadoff leg on the foursome that carried the stick around the track in 43.71 ... Also took sixth place in the 100-meter dash at the Pan Am Junior Championships with a time of 11.58 in the final ... Was named an American Track and Field Second-Team All-American in 2006 after participating in the IAAF World Junior Championships as a member of Team USA's 4x100-meter relay pool ... As a junior, was named the Arizona Republic Girl's Track and Field Athlete of the Year after winning the Class 5A Division II titles in both the 100 meters and 200 meters.

PERSONAL

Full name is Kenyanna Jovonda Wilson ... Born on Oct. 27, 1988 ... Parents are Demetrius and Yolanda Wilson ... Has two younger siblings: Demetrius and Jasmine ... Majoring in psychology.

**Lauren Ybarzabal**

Fr./Fr. - 5-3 - Kenner, La.
Mount Carmel Academy
Major: Kinesiology
Events: Distance

2008

Received a redshirt during the 2008 season ... Will compete as a redshirt freshman for the Lady Tigers in 2009.

PRIOR TO LSU

Helped lead her high school to back-to-back district championships in 2005 and 2006 and a regional championship in 2005 ... Senior season at Mt. Carmel Academy was highlighted by winning a district title in cross country and finishing seventh at the state cross country meet in 2007 ... Also finished third in the two mile at the state meet during the outdoor season in 2007.

PERSONAL

Full name is Lauren Mary Ybarzabal ... Born on Nov. 21, 1988 ... Mother is Susie Ybarzabal ... Has an older sister named Kristi, who is an LSU graduate ... Majoring in kinesiology.

2008 Cross Country Rosters

LSU

MEN'S ROSTER

NAME	YEAR	HEIGHT	HOMETOWN (PREVIOUS SCHOOL)
Jeff Adolph	Sr.	5-9	New Orleans, La. (Brother Martin HS)
Frank Bohn	Fr.	5-11	Galveston, Texas (Ball HS)
Lane Carrier	Fr.	5-8	Opelousas, La. (Opelousas Catholic HS)
Richard Chautin	So.	5-10	Arnaudville, La. (Beau Chene HS)
Luke Dessauer	Fr.	5-10	Folsom, La. (St. Paul's HS)
Cullen Doody	Fr.	5-7	Arabi, La. (Jesuit HS)
Ken Ehrhardt	So.	5-9	New Orleans, La. (Jesuit HS)
Andy Florek	Jr.	5-7	Kenner, La. (Brother Martin HS)
Jeremy Handy	Fr.	5-7	Houston, Texas (American School of Dubai)
Kyle Hecker	So.	5-6	Harahan, La. (Brother Martin HS)
Jamaal James	Jr.	6-0	Trincity, Trinidad (Trinity College)
Timothy Landry	So.	5-10	Birmingham, Ala. (Hoover HS/Troy)
Kenneth Schiffman	Fr.	5-10	Metairie, La. (Brother Martin HS)
Jacob Simmons	Jr.	6-1	Houma, La. (Vandebilt Catholic HS)
Alan Sticker	Jr.	6-2	Pineville, La. (Pineville HS)
Sean Swanner	So.	5-9	Baton Rouge, La. (Episcopal HS/Texas A&M)
Jonathan Thomas	Jr.	5-6	Madisonville, La. (St. Paul's HS)

WOMEN'S ROSTER

NAME	YEAR	HEIGHT	HOMETOWN (PREVIOUS SCHOOL)
Amber Abbott	Fr.	5-4	Walker, La. (Walker HS)
Laura Carleton	Fr.	5-5	Lake Charles, La. (St. Louis HS)
Kristi Denton	So.	5-3	Baton Rouge, La. (Parkview Baptist HS)
Jessica Deutsch	Fr.	5-1	West Monroe, La. (West Monroe HS)
Amal Esmail	Jr.	5-6	Dhahran, Saudi Arabia (Dhahran HS)
Brittany Hall	So.	5-3	Norcross, Ga. (Meadowcreek HS)
Jenna Henssler	Fr.	5-10	Slidell, La. (Northshore HS)
Elizabeth Hingle	Fr.	5-1	Belle Chasse, La. (Belle Chasse HS)
Christina Porter	Sr.	5-4	Fredricksburg, Va. (Colonial Forge HS/SCAD)
LaTavia Thomas	Jr.	5-8	Philadelphia, Pa. (West Catholic HS)
Kayann Thompson	Sr.	5-6	Clarendon, Jamaica (Edwin Allen HS/Lindenwood University)
Lauren Ybarzabal	So.	5-3	Kenner, La. (Mt. Carmel Academy)



Jacob Simmons



Christina Porter

- INTRO
- THIS IS LSU
- PREVIEW
- COACHES
- ATHLETES**
- REVIEW
- HISTORY
- RECORDS

2008 Cross Country Results

- INTRO
- THIS IS LSU
- PREVIEW
- COACHES
- ATHLETES**
- REVIEW
- HISTORY
- RECORDS

Pre-SEC Invitational
Sept. 20, 2008
Men - 8K • Women - 5K
MSU Course at South Farm
Starkville, Miss.

Men's Team Results

1. Mississippi State	29
2. LSU	48
3. Ole Miss	75
4. Arkansas-Pine Bluff	82

Men's Individual Results

1. Robert Scribner, Miss. State	24:56.93
3. Jacob Simmons	25:12.64
7. Richard Chautin	25:43.79
9. Andy Florek	26:04.98
13. Timothy Landry	26:33.19
16. Cullen Doody	26:59.41
20. Kyle Hecker	27:14.57
21. Kenneth Schiffman	27:22.19

Women's Team Results

1. Mississippi State	26
2. Northwestern	36
3. Ole Miss	71
4. LSU	89

Women's Individual Results

1. Renne Masterson, Miss. State	18:35.08
12. Christina Porter	20:04.37
14. Laura Carleton	20:33.30
21. Jenna Henssler	20:57.62
25. Kayann Thompson	21:34.72
28. Jessica Deutsch	21:56.05
31. Lauren Ybarzabal	22:15.78

LSU Tiger Cross Country Festival
Sept. 27, 2008
Men - 8K • Women - 6K
Highland Road Park
Baton Rouge, La.

Men's Team Results

1. LSU	54
2. Louisiana Tech	56
3. McNeese State	70
4. Houston	114
5. Southeastern Louisiana	114

Men's Individual Results

1. Kalphys Kemboi, SLU	24:32.2
5. Andy Florek	25:28.1
6. Richard Chautin	25:31.8
7. Jacob Simmons	25:38.2
15. Timothy Landry	26:58.7
21. Cullen Doody	27:08.4
23. Sean Swanner	27:19.4
26. Kyle Hecker	27:29.3
28. Luke Dessauer	27:34.2
39. Jeff Adolph	28:36.8
53. Lane Carrier	30:02.1

Women's Team Results

1. Houston	32
2. Tulane	61
3. Southeastern Louisiana	73
4. McNeese State	111
5. LSU	119

Women's Individual Results

1. Stephanie Aldea, Houston	21:21.7
18. Laura Carleton	24:13.7
23. Kayann Thompson	24:37.2
26. Jenna Henssler	24:47.6
30. Lauren Ybarzabal	25:07.1
34. Amber Abbott	25:42.3
37. Kristi Denton	26:06.8
43. Jessica Deutsch	26:58.6



Andy Florek

Auburn Invitational
Oct. 4, 2008
Men - 8K • Women - 5K
Indian Pines Golf Course
Auburn, Ala.

Men's Team Results

1. Auburn	31
2. Washington	49
3. Iowa	72
4. Clemson	155
5. Georgia Tech	156
11. LSU	341

Men's Individual Results

1. Elkanah Kibet, Auburn	22:16.35
43. Richard Chautin	24:11.64
72. Alan Sticker	24:42.87
101. Andy Florek	25:21.31
103. Timothy Landry	25:23.36
109. Kyle Hecker	25:30.77
115. Kenneth Schiffman	25:39.10
124. Cullen Doody	25:52.94
140. Ken Ehrhardt	26:10.03
158. Luke Dessauer	26:37.47
162. Sean Swanner	26:49.77
182. Jeff Adolph	27:24.81

Women's Team Results

1. Washington	19
2. Oregon State	98
3. Iowa	99
4. Georgia	138
5. Purdue	158
20. LSU	517

Women's Individual Results

1. Kendra Schaaf, Washington	15:46.13
88. Christina Porter	18:22.86
113. Laura Carleton	18:48.24
134. Kayann Thompson	19:11.16
156. Jenna Henssler	19:43.19
170. Amber Abbott	20:15.49
171. Lauren Ybarzabal	20:19.94
174. Jessica Deutsch	20:27.64
185. Kristi Denton	21:05.70

Chili Pepper Festival
Oct. 18, 2008
Men - 10K • Women - 6K
Agri Park
Fayetteville, Ark.

Men's Team Results

1. Texas A&M	52
2. Arkansas	75
3. Lamar	120
4. Virginia Tech	122
5. Rend Lake College	150
7. LSU	248

Men's Individual Results

1. Daniel Kirwa, Harding	28:53.41
32. Jacob Simmons	30:32.42
54. Richard Chautin	31:07.07
55. Andy Florek	31:09.59
87. Alan Sticker	31:58.50
116. Timothy Landry	32:41.17
129. Cullen Doody	32:54.88
141. Kyle Hecker	33:12.02

Women's Team Results

1. Texas Tech	72
2. Arkansas	101
3. SMU	139
4. Virginia Tech	183
5. Boston College	185
30. LSU	866

Women's Individual Results

1. Sally Kipyego, Texas Tech	19:26.91
106. Christina Porter	22:51.44
183. Laura Carleton	24:01.01
205. Jenna Henssler	24:37.09
223. Amber Abbott	25:16.09
231. Jessica Deutsch	25:25.14
266. Lauren Ybarzabal	26:43.40
270. Kristi Denton	26:57.30

SEC Championships
Nov. 3, 2008
Men - 8K • Women - 6K
MSU Course at South Farm
Starkville, Miss.

Men's Team Results

1. Alabama	32
2. Auburn	62
3. Arkansas	75
4. Florida	107
5. Tennessee	130
10. LSU	257

Men's Individual Results

1. Girma Mesecho, Auburn	23:11.26
38. Richard Chautin	25:17.26
44. Alan Sticker	25:31.69
57. Jacob Simmons	25:49.71
64. Andy Florek	26:02.63
80. Kenneth Schiffman	26:43.83
82. Kyle Hecker	26:45.80
84. Sean Swanner	27:10.58
90. Luke Dessauer	27:44.33
92. Cullen Doody	27:54.85

Women's Team Results

1. Arkansas	46
2. Florida	53
3. Tennessee	107
4. Georgia	117
5. Auburn	127
12. LSU	341

Women's Individual Results

1. Catherine White, Arkansas	20:07.26
51. Christina Porter	22:45.24
68. Laura Carleton	26:16.11
82. Kayann Thompson	23:53.48
91. Jenna Henssler	24:55.05
92. Amber Abbott	24:59.37
95. Lauren Ybarzabal	25:48.11
96. Jessica Deutsch	25:56.81
98. Kristi Denton	26:48.35

NCAA South Central Regional
Nov. 15, 2008
Men - 10K • Women - 6K
Cotton Creek Golf Course
Waco, Texas

Men's Team Results

1. Texas A&M	39
2. Arkansas	44
3. Lamar	74
4. Texas	112
5. Rice	164
7. LSU	212

Men's Individual Results

1. Shadrack Songok, Texas A&M	29:52.1
16. Jacob Simmons	31:26.3
43. Andy Florek	32:39.2
47. Richard Chautin	32:49.2
53. Alan Sticker	32:57.5
73. Cullen Doody	33:40.3
106. Kyle Hecker	35:07.8
112. Timothy Landry	35:44.1

Women's Team Results

1. Arkansas	51
2. Baylor	61
3. Rice	61
4. SMU	103
5. Texas	134
17. LSU	436

Women's Individual Results

1. Nicole Mericle, Rice	20:34.7
67. Christina Porter	23:11.7
81. Laura Carleton	23:39.5
105. Jenna Henssler	25:07.0
108. Amber Abbott	25:12.2
119. Lauren Ybarzabal	26:40.3